



Western Cape Forum for Intellectual Disability

WESKAAP FORUM VIR INTELLEKTUELE GESTREMDHEID — IQUMRHU LE NTSHONA KOLONI LOKHUBAZEKO NGENGOQONDO

— ADDING SKILLS • ADDING KNOWLEDGE • ADVANCING RIGHTS —

2026: TRAINING AND EVENTS – TERM 4

GUIDELINES

- When attending WCFID training at Alexandra Hospital, please allow extra time for security checks at the gate. Please also ensure that your driver's and vehicle licenses are up to date.
- Please note that all training is funding dependent which may result in unforeseen changes to the Training Programme. Check the newsletter and training registration forms for changes.
- Unless specified for a closed group or for members only, training sessions are open to all interested. It is essential to register for training. Register online at: www.wcfid.co.za
- General Attendance Certificates and CPD/CPTD Attendance Certificates (whichever is applicable) are available for those who attend for the full duration of a training session.
- CPD/CPTD payments: Where CPD/CPTD points are pending, the WCFID will request payment from you once approval for accreditation has been received from statutory/ professional bodies.
- Those who have registered for CPD/CPTD points will be notified of approvals and details for payment via e-mail.
- After your proof of payment has been emailed to Shakira Lakay at: coordinator@wcfid.co.za your CPD/CPTD Attendance Certificate will be emailed to you.

DISCLAIMER: Details shared at training sessions or events are for informational purposes only. It remains the responsibility of the user to carefully consider any additional information. This includes considering individual circumstances, relevant law and legal opinion, before making any decisions based on details shared at the WCFID's training sessions or events.

[REFUND POLICY](#)

A SUPPORT NETWORK FOR TRAINING - ADVOCACY - RESOURCES



021 510 4686



www.wcfid.co.za



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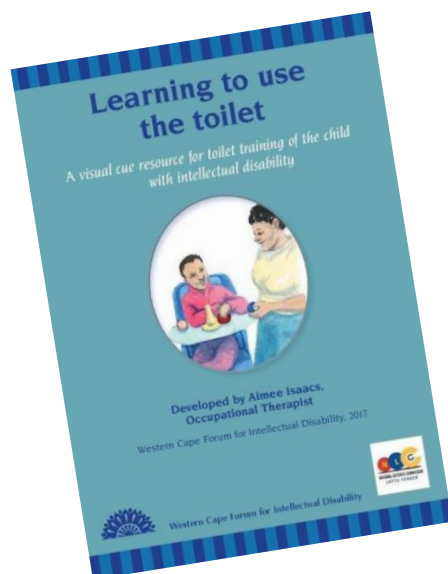
https://x.com/WCFID_ZA

Alexandra Hospital, 8 Annex Road, Maitland 7405 PO Box 142, Maitland 7404

Reg. No: 000-888 NPO PBO No: 18/11/13/2392 VAT No: 4100 211772

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TERM 4: TRAINING AND EVENTS



LEARNING TO USE THE TOILET

A visual cue resource for toilet training of children (and adults) with intellectual disability

Presented by Kayla Johnson, Occupational Therapist, Friends Day Centre

Date: Wednesday, 14 October 2026

Time: 10:00 a.m. – 12:30 p.m.

Venue: Training Room, WCFID Offices, Alexandra Hospital, Maitland

Cost for members: R250 per person, includes visual cue resource.

R350 per person, includes visual cue resource and 5 SACE Points.

Cost for non-members: R350 per person, includes visual cue resource.

R450, per person, includes visual cue resource and 5 SACE Points.

Please note: Numbers are limited to 20 participants.

[REGISTER](#)



APRON PROJECT: A TOOL TO ASSIST THOSE WITH BARRIERS TO VERBAL COMMUNICATION

Presented by Lindie Penton, Occupational Therapist

Date: Friday, 23 October 2026

Time: 9:00 a.m. – 12:00 noon

Venue: Training Room, WCFID Offices, Alexandra Hospital, Maitland

Cost for members: R750 for two persons with one complete set of resources.

Cost for non-members: R1 000 per person with one complete set of resources.

The Apron Project is an alternative communication resource designed for staff at Special Care Centres to assist any child or adult with barriers to verbal communication.

[REGISTER](#)



This online version is an adaptation of the in-person *All About Me* training, developed by Rebecca Johns and hosted by the WCFID since 2007. Participants can complete the modules at a time convenient to them.

METHODS Videos, readings, quizzes, personal reflection, chat forums and short assignments.

CPD POINTS

Participants requiring CPD points must complete all assignments, evaluation forms and a multiple-choice assessment at the end of each module with a minimum score of 70% on the first attempt.
HPCSA CPD points pending.

15 SACE CPTD POINTS for Parts 1 and 2 together.

ALL ABOUT ME ONLINE: PROVIDING SEXUALITY AND LIFE SKILLS EDUCATION TO CHILDREN AND ADULTS WITH INTELLECTUAL DISABILITY

Part One: 19 October – 1 November 2026

Part One is intended for everyone, including Heads of Departments and Principals. It provides essential background information on why sexuality education is important for children and adults with intellectual disability, addresses common concerns, summarises the legal framework and focuses on the need for guidelines within organisations. Part One requires approximately 7 ½ hours to complete.

Part Two: 2 November – 22 November 2026

Part Two is aimed at educators, health professionals and caregivers working directly with children or adults with intellectual disability. It provides participants with practical tools, planning and facilitation skills needed to set up and run a sexuality education programme. Part Two requires approximately 12 hours to complete.

COST FOR MEMBERS

Part One

R400 per person (incl. manual)

R600 per person (incl. manual and HPCSA CPD points)

Part One and Part Two combined

R1 000 per person (incl. manual)

R1 500 per person (incl. manual and HPCSA CPD points)

COST FOR NON-MEMBERS

Part One

R480 per person (incl. manual)

R800 per person (incl. manual and CPD points)

Part One and Part Two combined

R1 200 per person (incl. manual)

R2 000 per person incl. manual and CPD points)

Members only special: R3000 for two attendees from one organisation doing both parts. This includes a FULL set of visual resources, usually priced at R2380, for FREE. This offer is limited to one set per organisation.

REGISTER



BUILDING COMPASSIONATE CARE THROUGH EMOTIONAL ATTUNEMENT

Presented by Sean van Wyk, HR and Training Manager, Huis Horison

OPTION ONE

Dates: (both days are compulsory)

Tues. 27 October and Tues. 10 November 2026

Time: 9:00 a.m. – 3:00 p.m.

Venue: Huis Horison, 1 Patrys Street,
Onder-Papegaaiberg, Stellenbosch

OPTION TWO

Dates: (both days are compulsory)

Wed. 28 October and Wed. 11 November 2026

Time: 9:00 a.m. – 3:00 p.m.

Venue: WCFID Training Room, Alexandra Hospital,
Maitland

Cost: Thanks to funding, we can offer this valuable training to our members for the nominal fee of R150 per person. This includes a light lunch.

This members-only training is for support care staff working in group homes and protective workshops. **Please note that numbers are limited to 12 participants at each venue.**

REGISTER



PRINCIPALS MEETING: ALL PRINCIPALS AND SUPERVISORS OF SPECIAL CARE CENTRES/ 24-HOUR FACILITIES FOR PERSONS WITH SEVERE OR PROFOUND INTELLECTUAL DISABILITY

Facilitated by Gail Davids, Director, WCFID and Vanessa Japtha, Advocacy Manager, WCFID

Date: Thursday, 29 October 2026

Time: 10:00 a.m. – 12:30 p.m.

Online via Zoom

This is a no cost, members only meeting. Please request an invoice for membership fees from our Membership and Project Coordinator, Sandy Butler on: projects@wcfid.co.za

REGISTER



SELF-ADVOCACY PROGRAMME: 2026 – 2027

SESSION 4 of 6

Presented by WCFID Training Team

Date: Tuesday, 24 November 2026

Time: 10:00 a.m. – 12:30 p.m.

This is a no-cost, closed group, running until March 2027.

The current Self-Advocacy Group is full. **The next series will begin in May 2027.**



For more information on any of the training offered by WCFID, please contact our Training Coordinator, Shakira Lakay on: coordinator@wcfid.co.za

WCFID 1971 50 2021

Digital Literacy Course
for people with intellectual disability

**Safe and appropriate
use of WhatsApp**

**2 sessions
1 hr 30 min per session**

021 510 4686
support@wcfid.co.za

Cost: R50 per person

DIGITAL LITERACY COURSE FOR PEOPLE WITH INTELLECTUAL DISABILITY

Participants can complete this online course on their own or with the help of a supporter.

Supporters receive a free Supporter's Guide. There is no cost for supporters.

An option for members only: The WCFID can assist with support by facilitating the training at your centre.