



ON THE MOVE - AGAIN!

We are moving from our temporary office to our new permanent offices around the corner from ASAT House, a very short distance, and still on the grounds of Alexandra Hospital.

We will have our very own building, and we are very excited - and grateful to the management of Alexandra Hospital for finding us a space.

Officially, our new offices will be up and running from Monday, 03 August. During the transition from temporary to new offices, the WCFID remains committed to providing services to the intellectual community as seamlessly as possible and with minimal disruption.



We would like to extend our sincere thanks to the principals and staff at Friends Day Centre and Molenbeek School for helping out with training venues when we needed them from March until now.

Your willingness to help us out was very much appreciated!

GUIDELINES FOR ATTENDING TRAINING

WHEN ATTENDING TRAINING AT THE WCFID TRAINING ROOM, PLEASE ALLOW EXTRA TIME FOR SECURITY CHECKS AT THE GATE. PLEASE ALSO ENSURE YOUR DRIVER'S LICENSE AND VEHICLE LICENSE ARE BOTH UP TO DATE.

- Please note that all training is funding dependent which may result in unforeseen changes to the Training Programme. Check the newsletter and training registration forms for changes.
- Unless specified for a closed group or for members only, training sessions are open to all interested. It is **essential to register** for training.
- Register online at: www.wcfid.co.za

- General Attendance Certificates and CPD/CPTD Attendance Certificates (whichever is applicable) are available for those who attend for the full duration of a training session.
- CPD/CPTD payments: Where CPD/CPTD points are pending, the WCFID will request payment from you once approval for accreditation has been received from statutory/ professional bodies.
- Those who have registered for CPD/CPTD points will be notified of approvals and details for payment via e-mail.
- After your proof of payment has been emailed to Shakira Lakay at: coordinator@wcfid.co.za your CPD/CPTD Attendance Certificate will be emailed to you.

DISCLAIMER: Details shared at training sessions or events are for informational purposes only. It remains the responsibility of the user to carefully consider any additional information. This includes considering individual circumstances, relevant law and legal opinion, before making any decisions based on details shared at the WCFID's training sessions or events.

REFUND POLICY

MEMBERSHIP 2026 - 2027

Invoices for membership for the 2026/7 financial year will be sent out from 01 April.

If staff are planning to attend training, please note that any reduced rates only apply if membership fees for 01 April 2026 to 31 March 2027 have been paid.

Organisations/Centres/Individuals are welcome to request an invoice for membership fees from Sandy on: projects@wcfid.co.za

TERM 2 TRAINING REPORT:

Intern and Training Assistant

We would like to introduce our new intern, Jordan Benjamin, who joined the WCFID team in June. Althea Benjamin, our outgoing intern, is now working as Training Assistant.

Althea has been reaching out to members to collect your stories of how you have benefited from WCFID training. If you have a story you would like to share, please contact her on support@wcfid.co.za

We are extremely grateful for the extra helpful hands of Jordan and Althea as they help us to be more effective in our work.

There is so much work to be done, so much knowledge and so many skills to be shared with and amongst the intellectual disability community.



Supporters of Self-Advocates

In April we had a planning and feedback meeting with the representatives of organisations participating in our Self-Advocacy. This led to our first ever workshop for the supporters of self-advocates. We look forward to an increased partnership between WCFID and the participating organisations in order to enrich and support the self-advocacy programme.

All About Me: online, in-person and whole school approaches

All About Me, the WCFID Life Skills and Sexuality Programme for children and adults with intellectual disability, has been running for many years. In 2024 we introduced an online version of the training. We have adapted the online content slightly so that part one is aimed at all staff, while part two is aimed at those working directly with children or adults with intellectual disability. In term four we will be hosting the online version of All About Me.

This term, we will be offering our usual two-day in-person All About Me training, with the addition of two short online sessions. This will allow us to devote more of the in-person time to practical activities.

In May, Rebecca Johns and Melanie Horn trained a large group of teachers and class assistants from Glenbridge Special School, allowing us to implement more of a whole-school approach to life skills and sexuality. We obtained some useful feedback from participants, which we will use to structure a slightly different workshop for the second group of teachers and class assistants. We hope to be able to implement this approach with more schools and organisations.

Bullying and Harassment in the Workplace

We are all aware of caregiver burnout, and many of us have experienced it. Sadly, sometimes the biggest source of stress comes from other staff members, which is why we invited Catherine Isaacs, Attorney, to speak. She provided very useful guidelines for responding to bullying and harassment in the workplace. We can all flourish when we learn how to create an environment that is safe and supportive for all. May this term be a peaceful and productive one for you and for those in your care. We hope to see many of you online or in-person.



Digital Literacy Course

Sandy Butler presented the WCFID's Digital Literacy for Course for People with Intellectual Disability (DLC) at the WUN (Worldwide Universities Network) Global Mental Health Symposium, hosted by UCT on 23 & 24 June 2026.

- WCFID's first fully online course for people with intellectual disability; one that can be completed with or without a supporter.
- Initially conceived as a pilot project in response to needs and challenges about engaging on social media, as expressed by young adults with intellectual disability (Self Advocates), participating in the WCFID's Self Advocacy Training Programme.
- An opportunity for young adults to develop digital literacy skills in ever demanding technological environments, optimising lived experiences in a safe way, with increased knowledge (and skills) around digital literacy.
- A collective, collaborative response, premised on the participation and inclusion of Self-Advocates.

The presentation was well received, generating much interest across a broad spectrum of attendees some of whom were surprised by what had been achieved as a collective. The presentation gave insights into inclusion, the participation of young adults with intellectual disability in a project that represents a pragmatic response to addressing their identified needs and challenges when engaging on social media – while simultaneously contributing to the development of digital literacy skills. Skills that are becoming increasingly important and necessary for engaging in digital environments. The WCFID intends, to build upon this platform.

Regarding this, a few words from a parent of a participant in the course: 'She thoroughly enjoyed the course, she started it and completed it all her own from start – logging on – to finish. She did the video option and repeated it numerous times to improve her marks and followed steps to download the certificate. She said that she would love to do more of these courses.'

[CLICK HERE TO DOWNLOAD AND PRINT THE TRAINING PROGRAMME](#)



SELF-ADVOCACY PROGRAMME: 2026 – 2027: SESSION 2 of 6

Presented by: WCFID Training Team

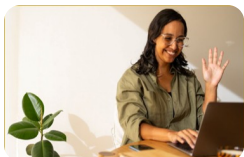
Date: Tuesday, 28 July 2026

Time: 10:00 a.m. – 12:30 p.m.

Venue: Molenbeek School, Alexandra Hospital, Maitland

This is a no-cost, closed group. running until March 2027.

The current Self-Advocacy Group is full. The next series will begin in May 2027.



PRINCIPALS MEETING: ALL PRINCIPALS AND SUPERVISORS OF SPECIAL CARE CENTRES/24-HOUR FACILITIES FOR PERSONS WITH SEVERE OR PROFOUND INTELLECTUAL DISABILITY

Facilitated by: Gail Davids, Director, WCFID and Vanessa Japtha, Advocacy Manager, WCFID

Date: Thursday, 30 July 2026

Time: 10:00 a.m. – 12:30 p.m.

Online via Zoom

This is a no cost, members only meeting. Please request an invoice for membership fees from our Membership and Project Coordinator, Sandy Butler on projects@wcfid.co.za

CLICK HERE TO REGISTER



MEDICAL TAX REFUNDS

Presented by: Stratfin, Medical Tax Experts

Date: Tuesday, 4 August 2026

Time: 7:15 p.m.

This is a no cost meeting.

This webinar will show how families can claim SARS medical tax refunds. You may qualify for costs related to a diagnosed condition. This falls under Section 6B of the Income Tax Act.

Please e-mail Shakira on coordinator@wcfid.co.za to register.

[CLICK HERE TO REGISTER](#)



SENSORY PLAY FOR SPECIAL CARE LEARNERS

Presented by: Moeneeb Gilbert, Programme Manager, Autism Connect Learning Centre

Date: Wednesday, 5 August 2026

Time: 10:00 a.m. – 12:00 noon

Venue: **NEW WCFID Training Room**, Alexandra Hospital, Annex Rd, Maitland

Cost: Members: R50 per person; Non-members: R120 per person

Come and get a little messy as you experience activities designed to encourage sensory stimulation of children with intellectual disability.

[REGISTER HERE](#)



RETHINKING SUPPORT: THE IMPORTANCE OF MEANING AND BELONGING

Presented by: Iselle van den Heever, Occupational Therapist, previously of Senecio

Date: Wednesday, 12 August 2026

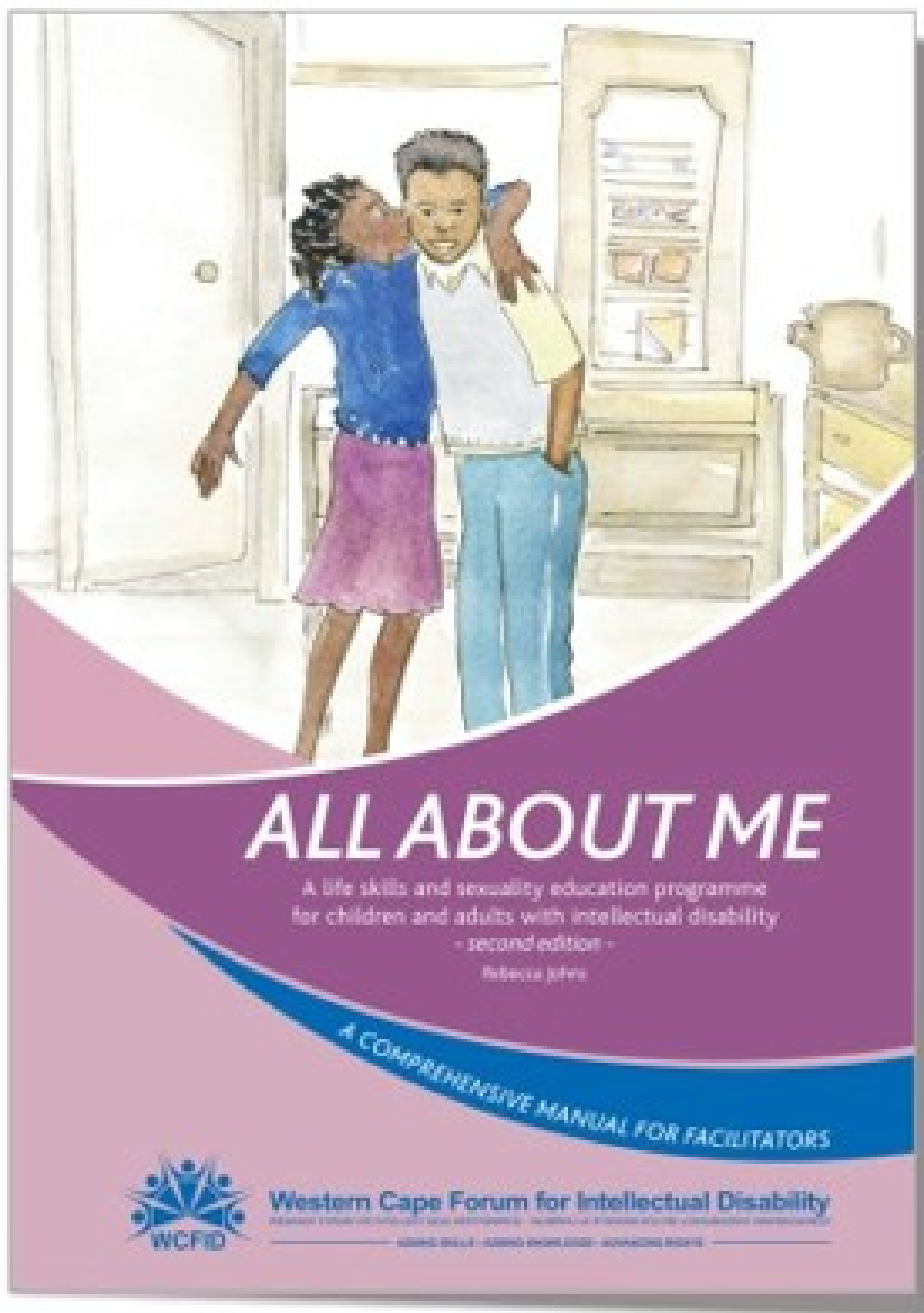
Time: 10:00 a.m. – 11:00 a.m.

Venue: Online via Zoom

Cost: Members: R50 per person; Non-members: R120 per person

Iselle will discuss ways in which to help create a sense of meaning and belonging in the life of people with intellectual disability.

[CLICK HERE TO REGISTER](#)



Presented by: WCFID Training Team. This is a two-day in-person course, but it includes two short, online sessions.

Online Components:

Date: Tuesday, 18 August 2026 and Tuesday, 22 September 2026

Time: 2:30 p.m. – 3:30 p.m.

In-Person Component:

Date: Tuesday, 25 August and Wednesday, 26 August 2026

Time: 9:00 a.m. – 4:00 p.m.

Venue: NEW WCFID Training Room, Alexandra Hospital, Maitland

Cost per member: R1000, includes training manual; R1500, includes training manual and CPD Points.

Cost per non-member: R1200, includes training manual; R2000, includes training manual and CPD Points.

Members only special: R3000 for two attendees from one organisation. This includes a FULL set of visual resources, usually priced at R2380, for FREE. This offer is limited to one set per organisation.

This very practical training will equip special needs educators, social workers, health care professionals and care-workers to deliver life skills and sexuality education to children or adults with mild to moderate intellectual disability. The rights-based approach will enable people with intellectual disability to protect themselves from abuse and to feel more confident about their bodies, sexual development and relationships. The training also focuses on supporting parents and on developing sexuality education policies within organisations.

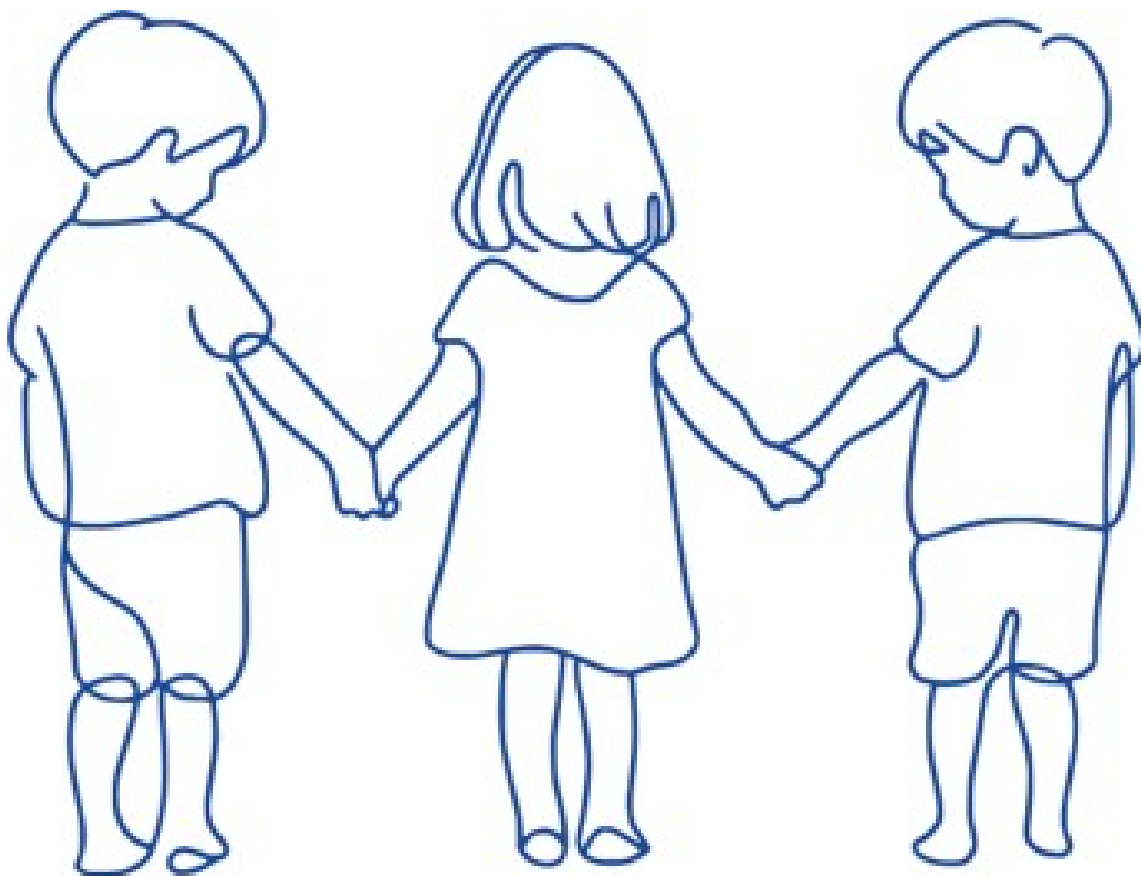
SACE: 15 PD Points.

HPCSA CPD Points pending.

Maximum of 20 attendees.

If you would like to do the on-line All About Me Course, please e-mail Shakira on coordinator@wcfid.co.za

REGISTER HERE



RECOGNISING AND RESPONDING TO NEGLECT AND ABUSE OF CHILDREN AND ADULTS WITH INTELLECTUAL DISABILITY

Presented by: Dr Rochshana Kemp, Social Work Manager at Western Cape Education Department and Forensic Social Worker Lt-Colonel NC Dampies and Investigating Officer Sgt Binase-Sarr.

Date: Wednesday, 2 September 2026

Time: 10:00 a.m. – 12:00 noon

Venue: Molenbeek School, Alexandra Hospital, Maitland

Cost: Members: R50 per person; Non-members: R120 per person
HSCPA and SACSSP CPD points pending

****Members outside of Cape Town who wish to attend virtually may email Shakira Lakay on coordinator@wcfid.co.za****

[REGISTER HERE](#)



APRON PROJECT: A TOOL TO ASSIST THOSE WITH BARRIERS TO VERBAL COMMUNICATION

Presented by: Lindie Penton, Occupational Therapist

Date: Friday, 4 September 2026

Time: 9:00 a.m. – 12:00 noon

Venue: **NEW WCFID Training Room**, Alexandra Hospital, Maitland

Cost: Members: R750 for two persons with one complete set of resources
Non-members: R1 000 per person with one complete set of resources

The Apron Project is an alternative communication resource designed for staff at Special Care Centres to assist any child with barriers to verbal communication.

[REGISTER HERE](#)

WESTERN CAPE FORUM FOR INTELLECTUAL DISABILITY 40th ANNUAL GENERAL MEETING



Date: Tuesday, 8 September 2026

Time: 1:30 p.m. for 2:00 p.m. to 3:30 p.m.

Look out for the invitation with details of the presentation topic, presenter and venue closer to the date.



SELF-ADVOCACY PROGRAMME: 2026 – 2027 SESSION 3 of 6

Presented by: WCFID Training Team

Date: Tuesday, 15 September 2026

Time: 10:00 a.m. – 12:30 p.m.

Venue: Molenbeek School, Alexandra Hospital, Maitland

This is a no-cost, closed group. running until March 2027.

The current Self-Advocacy Group is full. The next series will begin in May 2027.



If you run a protected workshop, an adult care centre or group home, or if you have young teens or adults at your special care centre or school, this is a valuable opportunity to help them navigate the complicated world of WhatsApp!

Please contact us to set a suitable date for your centre. Training can be conducted on site at your centre.

4 sessions. Each session is a maximum of 2 hours long

E-MAIL YOUR INTEREST HERE

GROVER TRUST SPONSORSHIP AND SCHOLARSHIP APPLICATIONS AND REPORTS

A reminder that applications to the Grover Trust Fund for both Sponsorship and Scholarship are due by the end of September. For those who were funded last year, please submit your report on how last year's funding was spent.

Links:

Sponsorship reporting template: <https://wcfid.co.za/wp-content/uploads/2025/07/Grover-Trust-Reporting-Template-Sponsorship-2025.pdf>

Sponsorship application form: <https://wcfid.co.za/wp-content/uploads/2025/07/Sponsorship-application-Grover-Trust-2025.pdf>

Scholarship reporting template: <https://wcfid.co.za/wp-content/uploads/2026/07/Reporting-Template-Scholarship-2023.pdf>

Scholarship application form: <https://wcfid.co.za/wp-content/uploads/2026/07/2023-Grover-Trust-Scholarship-Guide-Application-Form-Postgraduate-and-Long-Courses-1.pdf>



For more information on any of the training offered by WCFID, please contact our Training Coordinator, Shakira Lakay on: coordinator@wcfid.co.za

We are also conducting the following training for groups that are either closed or fully booked already:

PARENT SUPPORT GROUP

Presented by Melanie Horn and Shakira Lakay, WCFID

Date: Saturday to be confirmed

Time: 10:00 a.m. – 12:00 noon

Venue: Glenbridge Special School

This is a closed group.

ALL ABOUT ME: A LIFE SKILLS AND SEXUALITY EDUCATION PROGRAMME FOR CHILDREN WITH INTELLECTUAL DISABILITY

Presented by Rebecca Johns and Melanie Horn

Dates: Thursday, 20 August; Saturday, 22 August; Thursday, 27 August 2026

Venue: Glenbridge School

This is a closed group.

LEARNING TO USE THE TOILET

Presented by WCFID Training Team

Date: to be confirmed

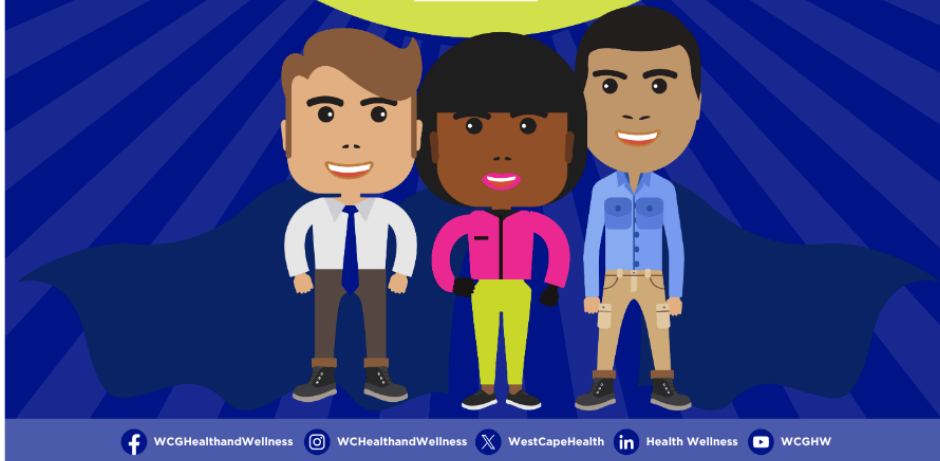
Venue: Alta du Toit

Call for Nominations:

Join our 'Health Heroes'!

Nominate memberstoday to represent your community on a hospital facility board or clinic committee and be part of positive change:

<https://www.westerncape.gov.za/health-wellness/article/invitation-nominate-members-hospital-facility-boards-and-clinic-committees>



WCGHealthandWellness



WCGHealthandWellness



WestCapeHealth



Health Wellness



WCGHW



Western Cape
Government
FOR YOU

Health and Wellness

[CLICK HERE TO NOMINATE YOUR CANDIDATE](#)



We are sharing an alert from Inyathelo:

Security Alert to all NGOs!

Beware of the fraudulent funding scheme known as "Stronger Impact Fund (STIFUND)." Do not respond to emails from stif.africa@gmail.com or circulate this false opportunity.

Always verify funding calls .

Protect your organization. Protect our sector.



Thank you to those who attend our training - your commitment and continued learning makes a meaningful difference in the lives of people with intellectual disability.



Western Cape Forum for Intellectual Disability

2 Annex Road, 7405, Cape Town

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