



Western Cape Forum for Intellectual Disability

WESKAAP FORUM VIR INTELLEKTUELE GESTREMDHEID — IQUMRHU LE NTSHONA KOLONI LOKHUBAZEKO NGENGOQONDO

— ADDING SKILLS • ADDING KNOWLEDGE • ADVANCING RIGHTS —

2026: TRAINING AND EVENTS – TERM 2

GUIDELINES

- When attending WCFID training at Alexandra Hospital, please allow extra time for security checks at the gate. Please also ensure that your driver's and vehicle licenses are up to date.
- Please note that all training is funding dependent which may result in unforeseen changes to the Training Programme. Check the newsletter and training registration forms for changes.
- Unless specified for a closed group or for members only, training sessions are open to all interested. It is essential to register for training. Register online at: www.wcfid.co.za
- General Attendance Certificates and CPD/CPTD Attendance Certificates (whichever is applicable) are available for those who attend for the full duration of a training session.
- CPD/CPTD payments: Where CPD/CPTD points are pending, the WCFID will request payment from you once approval for accreditation has been received from statutory/ professional bodies.
- Those who have registered for CPD/CPTD points will be notified of approvals and details for payment via e-mail.
- After your proof of payment has been emailed to Shakira Lakay at: coordinator@wcfid.co.za your CPD/CPTD Attendance Certificate will be emailed to you.

DISCLAIMER: Details shared at training sessions or events are for informational purposes only. It remains the responsibility of the user to carefully consider any additional information. This includes considering individual circumstances, relevant law and legal opinion, before making any decisions based on details shared at the WCFID's training sessions or events.

[REFUND POLICY](#)

A SUPPORT NETWORK FOR TRAINING - ADVOCACY - RESOURCES



021 510 4686



www.wcfid.co.za



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https://x.com/WCFID_ZA

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TERM 2: TRAINING AND EVENTS



AUTISM: MANAGING BEHAVIOUR AND THE SENSORY SYSTEM

Presented by Sunkiree Veerasamy, Autism & Behaviour Therapist

Sunkiree has been working with individuals and families impacted with disabilities and Autism since 2004. She has been Principal of Carbonado Energy Autism Centre since 2016.

Date: Wednesday, 22 April 2026

Time: 10:00 a.m. – 12:00 noon

Venue: Auditorium, Alexandra Hospital, Maitland

Cost: Members: R50 per person; R150 per person with HPCSA CPD points
Non-members: R120 per person; R250 per person with HPCSA CPD points

[REGISTER HERE](#)

HPCSA CPD points pending.

Sunkiree will provide teachers, principals and caregivers with guidance on how to manage the behaviour of children with autism, based on an understanding of the sensory system.



PREVENTION AND ELIMINATION OF HARASSMENT IN THE WORKPLACE: CREATING A POSITIVE WORK ENVIRONMENT

Presented by Catherine Isaacs, Attorney, Isaacs & Associates

Catherine is passionate about providing employers with knowledge and resources to help them build strong, positive work relationships.

Dates: Wednesday, 29 April 2026

Time: 10:00 a.m. – 12:00 noon

Venue: Auditorium, Alexandra Hospital, Maitland

Cost: Members: R200 per person, **with accompanying booklet.**
Non-members: R250 per person, **with accompanying booklet.**

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Catherine will provide managers with guidance on how to create a safe, positive work environment, as well as tools to use regarding bullying and harassment. **It is important to note that employers and employees are required to receive training on the guidelines in the 'Code of Good Practice on the Prevention and Elimination of Harassment in the Workplace.'**



PRINCIPALS MEETING: ALL PRINCIPALS AND SUPERVISORS OF SPECIAL CARE CENTRES/ 24-HOUR FACILITIES FOR PERSONS WITH SEVERE OR PROFOUND INTELLECTUAL DISABILITY

Facilitated by Gail Davids, Director, WCFID and Vanessa Japtha, Advocacy Manager, WCFID

Date: Thursday, 30 April 2026

Time: 10:00 a.m. – 12:30 p.m.

Online via Zoom

This is a no cost, members only meeting. Please request an invoice for membership fees from our Membership and Project Coordinator, Sandy Butler on: projects@wcfid.co.za

REGISTER HERE



FIRST AID TRAINING (previous Level 1)

Presented by the Medical Education Centre (MEC)

Date: 4 & 5 May 2026

Time: 9:00 a.m. – 4:00 p.m.

Venue: Seminar Room 1, Alexandra Hospital, Maitland

Cost: R350 per person (members only); lunch for both days is included in the cost.

12 HPCSA CPD points, at no extra cost, are available for this training.

Only 10 places available for this accredited training. For more information and to register, please contact our Membership and Project Coordinator, Sandy Butler on: projects@wcfid.co.za



SELF-ADVOCACY PROGRAMME: 2026 – 2027 SESSION 1 of 6

Presented by WCFID Training Team

Provisional date: Wednesday, 27 May 2026

Time: 10:00 a.m. – 12:30 p.m.

Venue: To be confirmed.

This is a no-cost group. Sessions are held every second month from May 2026 – March 2027. To receive a certificate, participants are required to attend all 6 sessions.

If you are interested in joining, please contact our Training Coordinator, Shakira Lakay on:
coordinator@wcfid.co.za



MANAGING BEHAVIOURS THAT CHALLENGE USING THE LOW AROUSAL APPROACH

Presented by Chantal Snyman, Occupational Therapist and accredited STUDIO III Trainer

Date: 22, 23 & 24 June 2026

Time: 8:30 a.m. to 4:00 p.m.

Venue: Seminar Room 2, Alexandra Hospital, Maitland

Cost: Members: R2 100.00 per person

Non-members: R2 400.00 per person

The cost includes HPCSA points and a light lunch on all three days.

HPCSA CPD points approved: 16 Clinical and 2 Ethics.

STUDIO III is a specialist research and training organisation that provides high quality accredited training in the specialist field of managing aggressive and challenging behaviour. STUDIO III promotes the management of challenging behaviour in a nonviolent, gentle and dignified way using 'low arousal' techniques and gentle physical skills.

Please note: Numbers are limited to 30 participants for this internationally accredited training.

[REGISTER HERE](#)



For more information on any of the training offered by WCFID, please contact our Training Coordinator, Shakira Lakay on: coordinator@wcfid.co.za

NEURODIVERSITY AND INTELLECTUAL DISABILITY

Presented by Melanie Horn and Shakira Lakay, WCFID

Date: 09 April 2026

Venue: Tembaletu School, Gugulethu

This is a closed group.

LEARNING TO USE THE TOILET

Presented by Gail Davids, WCFID

Date: 14 April 2026

Venue: Ligstraal Skool, Paarl

This is a closed group.

PARENT SUPPORT GROUP

Presented by Melanie Horn and Shakira Lakay, WCFID

Date: 18 April 2026

Venue: Glenbridge School

This is a closed group.

PARENT INFORMATION SESSION

Date: 30 April 2026

Venue: Molenbeek School

This is a closed group.

ALL ABOUT ME: A LIFE SKILLS AND SEXUALITY EDUCATION PROGRAMME FOR CHILDREN AND ADULTS WITH INTELLECTUAL DISABILITY

Presented by Rebecca Johns and Melanie Horn

Dates: 21, 23 & 28 May 2026

Venue: Glenbridge School

This is a closed group.