



Western Cape Forum for Intellectual Disability

WESKAAP FORUM VIR INTELLEKTUELE GESTREMDHEID — IQUMRHU LE NTSHONA KOLONI LOKHUBAZEKO NGENGOQONDO

— ADDING SKILLS • ADDING KNOWLEDGE • ADVANCING RIGHTS —

TERM 1 2026 TRAINING AND EVENTS

Adding Skills | Adding Knowledge | Advancing Rights

GUIDELINES

- When attending training at the WCFID Training Room at Alexandra Hospital, please allow extra time for security checks at the gate. Please also ensure that your driver's and vehicle licenses are up to date.
- Please note that all training is funding dependent which may result in unforeseen changes to the Training Programme. Check the newsletter and training registration forms for changes.
- Unless specified for a closed group or for members only, training sessions are open to all interested. It is essential to register for training. Register online at: www.wcfid.co.za
- General Attendance Certificates and CPD/CPTD Attendance Certificates (whichever is applicable) are available for those who attend for the full duration of a training session.
- CPD/CPTD payments: Where CPD/CPTD points are pending, the WCFID will request payment from you once approval for accreditation has been received from statutory/ professional bodies.
- Those who have registered for CPD/CPTD points will be notified of approvals and details for payment via e-mail.
- After your proof of payment has been emailed to Shakira Lakay at: coordinator@wcfid.co.za your CPD/CPTD Attendance Certificate will be emailed to you.

DISCLAIMER: Details shared at training sessions or events are for informational purposes only. It remains the responsibility of the user to carefully consider any additional information. This includes considering individual circumstances, relevant law and legal opinion, before making any decisions based on details shared at the WCFID's training sessions or events.

[REFUND POLICY](#)

A SUPPORT NETWORK FOR TRAINING - ADVOCACY - RESOURCES



021 510 4686



www.wcfid.co.za



www.facebook.com/wcfid



https://x.com/WCFID_ZA

ASAT HOUSE, Alexandra Hospital, 8 Annex Road, Maitland 7405 PO Box 142, Maitland 7404

Reg. No: 000-888 NPO PBO No: 18/11/13/2392 VAT No: 4100 211772

est. 1971



WCFID TERM 1 TRAINING AND EVENTS



SELF-ADVOCACY 2025/2026

Presented by Melanie Horn, WCFID Trainer and Shamila Ownhouse, The Living Link Centre

Dates: Thursday, 29 January 2026 (Session 5 of 6)
Thursday, 19 March 2026 (Session 6 of 6)

Time: 10:00 a.m. – 12:30 p.m.

Venue: Recreational Hall, Alexandra Hospital, Maitland

This is a no cost, closed group.

The current Self-Advocacy Group is full. Adults with intellectual disability who would like to register for the series beginning in May 2026 can contact our Training Coordinator, Shakira Lakay on: coordinator@wcfid.co.za

UPDATED CLASSIFICATION OF EPILEPTIC SEIZURES

Presented by Francois de Waal of Carbonado Energy Autism Centre.

Francois is a Registered Counsellor with the Health Professions Council of South Africa (HPCSA).

Date: Wednesday, 4 February 2026

Time: 10:00 a.m. – 12:00 noon

Venue: Auditorium, Alexandra Hospital, Maitland

Cost: Members: R50 per person; R150 per person with HPCSA CPD points
Non-members: R120 per person; R250 per person with HPCSA CPD points

HPCSA CPD points pending.

Knowing what steps to take when someone has a seizure not only protects people with epilepsy from injury but also increases a bystander's confidence and reduces their fear of seizures. In 2025 the seizure classification was updated and simplified. This presentation encourages a reinterpretation of epilepsy as a facet of neurodiversity and argues for a kinder and more expansive engagement with epilepsy that respects both clinical imperatives and lived realities.



[REGISTER HERE](#)



PRINCIPALS MEETING: ALL PRINCIPALS AND SUPERVISORS OF SPECIAL CARE CENTRES/24 HOUR FACILITIES FOR PERSONS WITH SEVERE OR PROFOUND INTELLECTUAL DISABILITY

Facilitated by Gail Davids, Director, WCFID and Vanessa Japtha, Advocacy Manager, WCFID

Date: Thursday, 5 February 2026

Time: 10:00 a.m. – 12:30 p.m.

Online via Zoom

This is a no cost, members only meeting

[REGISTER HERE](#)

SHONAQUIP PRODUCT SPECIFIC TRAINING

Presented by Shonaquip Social Enterprise Seating Practitioners and Therapists

Date: Wednesday, 18 February 2026

Time: 10:00 a.m. – 1:30 p.m.

Venue: Shonaquip Head Office, Independence Square, Unit 7 & 8 Corner of Strandfontein Road, New Ottery Rd, Ottery

Cost: R50 per person. **This session is only for members of the WCFID.**
Attendees to bring their own packed lunch.

Those wishing to apply for HPCSA CPD points, must approach Shonaquip directly.

There will be an additional fee of R350 per person for HPCSA CPD points.

Please note: Numbers are limited to 17 participants.

This session will introduce the different posture support devices of Shonaquip, including modular wheelchairs and buggies, back systems and positioners, and explain the difference between basic folding frame devices and full posture support devices. The workshop will help participants to use Shonaquip products to their full capacity and extend their life span to provide the best support for the user. The training will assist with prescription, ordering and basic tender information and will assist therapists to make better informed decisions.

[REGISTER HERE](#)





AN INTRODUCTION TO INTELLECTUAL DISABILITY FOR EDUCATORS

Presented by Gail Davids and Melanie Horn, WCFID

Date: Friday, 6 March 2026

Time: To be confirmed

Venue: Eden School, 164 Fischer Street, Johnson Park, Worcester

This session will cover a broad range of topics relevant to those working with learners with intellectual disability.

For more information, please contact our Training Coordinator, Shakira Lakay on: coordinator@wcfid.co.za



FIRST AID TRAINING (previous Level 1)

Presented by the Medical Education Center (MEC)

Date: Monday, 9 and Tuesday, 10 March 2026

Time: 9:00 a.m. – 4:00 p.m.

Venue: WCFID Training Room, Alexandra Hospital, Maitland

Cost: R350 per person; lunch for both days is included in the cost.

Please note: Numbers are limited to 8 participants.

For additional information and to register, please contact Sandy Butler on: projects@wcfid.co.za

This is an accredited course; the certificate is valid for three years.



AN INTRODUCTION TO INTELLECTUAL DISABILITY

Presented by Melanie Horn and Shakira Lakay, WCFID

Date: Wednesday, 11 March 2026

Time: 10:00 a.m. – 12:00 noon

Cost: Members: R50 per person (R150 with HPCSA CPD points)
Non-members: R120 per person (R250 with HPCSA CPD points)

Online via Zoom

HPCSA CPD points pending.

This session will cover the causes and levels of intellectual disability, with a brief introduction to communication and social support.

[REGISTER HERE](#)



UNDERSTANDING CEREBRAL PALSY

Presented by physiotherapist Candice da Rocha, LSPID Team, Metro North Education District Office

Date: Wednesday, 18 March 2026

Time: 10:00 a.m. – 12 noon

Venue: Auditorium, Alexandra Hospital, Maitland

Cost: Members: R50 per person; R150 per person with HPCSA CPD points
Non-members: R120 per person; R250 per person with HPCSA CPD points

HPCSA CPD points pending.

Candice will cover types of Cerebral Palsy, available therapies and guidelines for management, with a special focus on young children and teenagers.

[REGISTER HERE](#)



ADVANCE NOTICE: SECOND TERM TRAINING

MANAGING BEHAVIOURS THAT CHALLENGE USING THE LOW AROUSAL APPROACH

Presented by Chantal Snyman, Occupational Therapist and accredited STUDIO III Trainer

Date: 22, 23 & 24 June 2026

Time: 8:30 a.m. to 4:00 p.m.

Venue: WCFID Training Room and Recreation Hall, Alexandra Hospital, Maitland

Cost: Members: R2100 per person

Non-members: R2400 per person

The cost includes HPCSA points and a light lunch on all three days.

HPCSA CPD points approved: 16 Clinical and 2 Ethics.

STUDIO III is a specialist research and training organisation that provides high quality accredited training in the specialist field of managing aggressive and challenging behaviour. STUDIO III promotes the management of challenging behaviour in a nonviolent, gentle and dignified way using ‘low arousal’ techniques and gentle physical skills.

Please note: Numbers are limited to **30** participants for this internationally accredited training.

[REGISTER HERE](#)

Other training offered by the WCFID during the first term: These groups are all either closed groups, or already fully booked

Date	Topic
22 January, 5 February, 19 February	PROGRAMME IMPLEMENTER TRAINING (Cape Town Sessions 4, 5 and 6)
24 January, 21 February, 14 March	PARENT SUPPORT GROUP x 3 WORKSHOPS
2 and 3 February	FIRST AID TRAINING (previous Level 1)
2 March	AN INTRODUCTION TO INTELLECTUAL DISABILITY FOR CAREGIVERS
3, 4 and 5 March	PROGRAMME IMPLEMENTER TRAINING (Worcester Sessions 4, 5 and 6)
6 March	AN INTRODUCTION TO INTELLECTUAL DISABILITY FOR EDUCATORS (Worcester)