

GUIDELINES


- Please note that all training is funding dependent which may result in unforeseen changes to the Training Programme. Check the newsletter and training registration forms for changes.
- Unless specified for a closed group or for members only, training sessions are open to all interested. It is essential to register for training. Register online at: www.wcfid.co.za
- General Attendance Certificates and CPD/CPTD Attendance Certificates (whichever is applicable) are available for those who attend for the full duration of a training session.
- **CPD/CPTD payments:** Where CPD/CPTD points are pending, the WCFID will request payment from you once approval for accreditation has been received from statutory/ professional bodies.
- Those who have registered for CPD/CPTD points will be notified of approvals and details for payment via e-mail.
- After your proof of payment has been emailed to Shakira Lakay at: coordinator@wcfid.co.za your CPD/CPTD Attendance Certificate will be emailed to you.

DISCLAIMER: Details shared at training sessions or events are for informational purposes only. It remains the responsibility of the user to carefully consider any additional information. This includes considering individual circumstances, relevant law and legal opinion, before making any decisions based on details shared at the WCFID's training sessions or events.

[Refund Policy](#)

2025

TERM 2 TRAINING & EVENTS: ONLINE | FACE-TO-FACE

TOPIC AND PRESENTER/S	DETAILS
<p>STUDIO 3: MANAGING BEHAVIOURS THAT CHALLENGE USING THE LOW AROUSAL METHOD</p> <p>Presented by Chantal Snyman, Occupational Therapist and accredited STUDIO 3 Trainer</p> 	<p>Date: 9, 10 & 11 April 2025 Time: 8:30 a.m. – 4:00 p.m. Venue: WCFID Training Room and Recreation Hall Alexandra Hospital, Maitland Cost per member: R1750 Cost per non-member: R2000 The cost includes HPCSA CPD points (16 Clinical and 2 Ethics) and SACSSP CPD points (11,5)</p> <p>A light lunch, on all three days, is included in the cost.</p> <p>Maximum of 28 attendees Studio 3 is a specialist research and training organisation that provides high quality training in the specialist field of managing aggressive and challenging behaviour. Studio 3 promotes the management of challenging behaviour in a non-violent, gentle and dignified way by the use of "low-arousal" techniques and gentle physical skills.</p> <p style="text-align: center;">Register Here</p>

A SUPPORT NETWORK FOR TRAINING - ADVOCACY - RESOURCES



021 510 4686



www.wcfid.co.za



www.facebook.com/wcfid



https://x.com/WCFID_ZA

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PAIN MANAGEMENT FOR PERSONS WITH INTELLECTUAL DISABILITY

Presented by Iselle van den Heever



Date: Wednesday, 16 April 2025

Time: 10:00 a.m. – 12:00 noon

Venue: Online via Zoom

Cost per member: R50; R150 with CPD points

Cost per non-member: R120; R250 with CPD points

The cost includes **HPCSA CPD points** (2 Clinical).

Iselle van den Heever is an Occupational Therapist with a special interest in pain management for persons with intellectual disability. Iselle will explain the nature of pain, and what we can do to help manage it.

[Register Here](#)

PEG FEEDING

Presented by Sister Brenda Joshua



Date: Wednesday, 23 April 2025

Time: 10:00 a.m. – 12:00 noon

Venue: WCFID Training Room, Alexandra Hospital, Maitland

Cost per member: R50

Cost per non-member: R120

Maximum of 20 attendees

[Register Here](#)

CARING FOR PHYSICALLY ILL PERSONS WITH INTELLECTUAL DISABILITY

Presented by Nomasango Xabanisa, founder of Sibongile Day and Night Centre.



Date: Wednesday, 30 April 2025

Time: 10:00 a.m. – 12:00 noon

Venue: WCFID Training Room, Alexandra Hospital, Maitland

Cost per member: R50

Cost per non-member: R120

Maximum of 25 attendees

Nomasango Xabanisa will share some practical suggestions for managing common symptoms of illness, such as a fever, dehydration, constipation, etc.

[Register Here](#)

WHAT DOES IT MEAN TO BE A SUPPORTER?

Presented by WCFID Team, Dr Catherine Pitt, Joyce Chevalier Centre Manager, Support Workers and other panellists, with an opening address by a self-advocate with intellectual disability



Date: Wednesday, 7 May 2025

Time: 10:00 a.m. – 12:00 noon

Venue: WCFID Training Room, Alexandra Hospital, Maitland

Cost per member: R50; R150 with HPCSA points

Cost per non-member: R120; R250 with HPCSA points
The cost includes **HPCSA Points** (2 Clinical).

Maximum of 30 attendees

Join this important discussion about facilitating self-agency, expression and independence for people with intellectual disability.

[Register Here](#)

EPILEPSY AND SEIZURE MANAGEMENT

Presented by Epilepsy SA Western Cape



Date: Wednesday 14 May 2025

Time: 10:00 a.m. – 12:00 noon

Venue: Online via Zoom

Cost per member: R50; R150 with HPCSA CPD points

Cost per non-member: R120; R250 with HPCSA CPD points

HPCSA CPD points pending

[Register Here](#)

SELF-ADVOCACY 2025/2026

First session of new, expanded group

Presented by WCFID and The Living Link Centre



Date: Thursday, 15 May 2025

Time: 10:00 a.m. – 12:30 p.m.

Venue: WCFID Training Room, Alexandra Hospital, Maitland

No cost, closed group.

Numbers are limited.

All adults with intellectual disability are welcome to register to learn to become self-advocates. Sessions will be held every second month.

Please submit the names of both new and repeat members to the training coordinator, Shakira Lakay: coordinator@wcfid.co.za, as soon as possible.

CEREBRAL PALSY AND CHILDREN WITH INTELLECTUAL DISABILITY

Presented by Alzita van der Merwe de Wet of WCCPA and WCFID Training Team



Date: Wednesday, 21 May 2025

Time: 10:00 a.m. – 12:00 noon

Venue: Online via Zoom

Cost per member: R50; R150 with HPCSA CPD points

Cost per non-member: R120; R250 with HPCSA CPD points

HPCSA CPD points pending

[Register Here](#)

EFFECTIVE USE OF WHEELCHAIRS AND BUGGIES FOR THE CHILD WITH SEVERE TO PROFOUND INTELLECTUAL DISABILITY

Presented by physiotherapist Zarina Adams and other CSPID Team members, including an Occupational Therapist and a Speech Therapist.



Date: Wednesday, 28 May 2025

Time: 10:00 a.m. – 13:00 p.m.

Venue: Recreation Hall, Alexandra Hospital, Maitland

Cost per member: R50

Cost per non-member: R120

This workshop will cover wheelchair and buggy cleaning, positioning and transferring of the child

[Register Here](#)

BIENNIAL INTELLECTUAL DISABILITY MEETING
Inclusive Complementary Therapies for People with Intellectual Disability



Date: Wednesday, 4 June 2025

Time: 9:00 a.m. for 9:30 a.m. to 1:00 p.m.

Venue: Recreation Hall, Alexandra Hospital, Maitland

Cost per member: R150; R250 with HPCSA CPD points

Cost per non-member: R250; R370 with HPCSA CPD points

HPCSA CPD points pending

This meeting will focus on research and practical implementation of various complementary therapies such as –

- **Equine Therapy:** Sue van der Linde, Founder & Chairperson - Iris House Childrens Hospice
- **Music Therapy:** Sunelle Fouche - Music Therapist
- **Multi-sensory Storytelling & Intellectual Disability:** Rowdah Hawtrey, Senior Occupational Therapist - Alexandra Hospital
- **The Power of Pet Therapy - The benefits of Animal Assisted Therapy:** Gretchen Bains, Occupational Therapist - The Open Circle
- **Visual Arts Therapy:** Janet du Preez, Researcher with a special interest in autism who is currently completing her MA in Art Therapy **and** Tavia Viglietti, Counsellor and HPCSA-registered Art Therapy MA trainee

[Register Here](#)

PRINCIPALS MEETING:
ALL PRINCIPALS AND SUPERVISORS OF SPECIAL CARE CENTRES/ 24 HOUR FACILITIES FOR PERSONS WITH SEVERE OR PROFOUND INTELLECTUAL DISABILITY

Facilitated by Gail Davids, Director WCFID and Vanessa Japha, Advocacy Manager, WCFID



Date: Thursday, 5 June 2025

Time: 10:00 a.m. – 12:30 p.m.

Venue: Online via Zoom

NO COST, Members only meeting

[Register Here](#)

UNDERSTANDING GERIATRIC PERSONS WITH INTELLECTUAL DISABILITY

Presented by Fatiema Ismail, Senior Clinical Psychologist, Adults Intellectual Services (IDS), Lentegour Psychiatric Hospital



Date: Wednesday, 11 June 2025

Time: 10:00 a.m. – 11:30 a.m.

Venue: Online via Zoom

Cost per member: R50; R150 with HPCSA CPD points

Cost per non-member: R120; R250 with HPCSA CPD points

1 Clinical HPCSA CPD point pending.

Persons with intellectual disability, especially in geriatrics, do not present typically and can often be overlooked. In keeping with the Go Turquoise Elderly Campaign on 15 June, Fatiema Ismail will share research and articles on aging within the Intellectual Disability population and discuss factors to consider when caring for a geriatric person with intellectual disability.

[Register Here](#)

LEARNING TO USE THE TOILET: A VISUAL CUE RESOURCE FOR TOILET TRAINING THE CHILD WITH INTELLECTUAL DISABILITY

Presented by the WCFID Team



Date: Thursday, 19 June 2025

Time: 10:00 a.m. – 12:30 p.m.

Venue: WCFID Training Room, Alexandra Hospital, Maitland

Cost per member:

R250 with visual cue resource

R350 with visual cue resource and CPD points

Cost per non-member:

R350 with visual cue resource

R450 with visual cue resource and SACE CPTD points

5 SACE Points pending

Maximum of 20 attendees

This training is based on '*Learning to use the toilet – A visual cue resource for the toilet training of the child with intellectual disability*'

[Register Here](#)



Thank You!

FROM THE WCFID TEAM

www.wcfid.co.za
learn.wcfid.co.za