



Western Cape Forum for Intellectual Disability

WESKAAP FORUM VIR INTELLEKTUELE GESTREMDHEID — IQUMRHU LE NTSHONA KOLONI LOKHUBAZEKO NGENGOQONDO

ADDING SKILLS • ADDING KNOWLEDGE • ADVANCING RIGHTS

2022/2023 ANNUAL REPORT

Vision

A South Africa where all people with intellectual disability are enabled to live with inherent dignity as confirmed in the Constitution.



TRAINING



RESEARCH & RESOURCES



COMMUNITY ENGAGEMENT



ADVOCACY





THE CHAIRPERSON'S REPORT

The annual report provides an in-depth understanding of the quality of work that the WCFID engaged in and the impact it has had on members, organisations and people with disabilities. It also captures how the WCFID's accomplishments have not gone unnoticed.

Emerging from Covid-19, the WCFID took the opportunity to use the lessons learned to propel us as an organisation to develop a transformative plan of action to ensure that the human rights of people with intellectual disabilities and other disabilities are respected, protected and promoted. Going forward, the adaptation of working environments to online offerings had to be reviewed so that it benefitted the organisation and addressed the needs of the people we serve. However, it remains ever important to remember the value of social interchange. It is necessary for the health and well-being of all.

Throughout the year, the WCFID remained a key participant in giving public written comment to amendments made to policies and bills, as well as providing structured verbal and written comments to, or in, parliamentary sessions. This ensured that the voices and rights of people with Intellectual disabilities were brought to account. The WCFID, through their advocacy arm, remained steadfast in ensuring that implementation of the court case judgment becomes a reality.

Through partnership with the Department of Social Development, the WCFID focused their energies on providing quality of care, governance and financial training. This proved valuable to member organisations, especially at a time when regulatory and compliance requirements present themselves as patterns of change.

Together with other organisations, the WCFID assisted in creating enabling environments for training, resource development, information

sharing and awareness raising, all of which made a positive contribution to the upskilling of people with intellectual disability, their families, service providers and other agencies. From these sessions, robust mechanisms of collecting reliable and consistent information and feedback were further developed. The online course "All About Me" opened new opportunities for learning, although it is limited to people who have internet access.

The WCFID is fortunate to have a committed group of staff members and Board of Management that share a wealth of knowledge and experience, which they collectively bring to their roles.

We continue to appreciate our member organisations, government departments, funders and other stakeholders who partnered with us in various ways over the past year. Collectively, you have made a difference.

Thank you for your continued support and confidence in the WCFID.

Fatima Shaboodien, CHAIRPERSON

THE COMMITMENT AND SERVICE OF THE WCFID BOARD OF MANAGEMENT MEMBERS:

Fatima Shaboodien, (Chairperson) Principal, De Heide Children's Special Care Centre, Lansdowne.

Karen Boonzaaier, (Treasurer). Professional Accountant, Financial Manager, Oasis Association, Claremont.

Toni Abrahams, Senior Clinical Psychologist, Lentegeur Hospital, Mitchells Plain.

Kay Cikizwa, Senior Social Worker, Alexandra Hospital, Maitland.

Lesinda Cunningham, Director, Elim Home, Overberg.

Rosemary De Waal, Social Worker (retired).

Prof. Sharon Kleintjes, Vera Grover Professor of Intellectual Disability, Dept. Psychiatry and Mental Health, UCT; and WCG Dept. Health.

Lindelwa Madikane, Principal, Vukani Special Care Centre, Khayelitsha.

Prof. Thobeka Mda, Dean of Education (retired), Cape Peninsula University of Technology.

Nomasango Xabanisa, Principal, Sibongile Day & Night Care, Khayelitsha.

Gail Davids, Director, WCFID (*ex officio*).

PICTURED, FROM LEFT TO RIGHT: Karen Boonzaaier, Nomasango Xabanisa, Lindelwa Madikane, Gail Davids, Prof Thobeka Mda, Rosemary De Waal, Fatima Shaboodien. Absent: Kay Cikizwa, Lesinda Cunningham, Toni Abrahams, Prof. Sharon Kleintjes.



FROM THE DIRECTOR

2022-2023: A Year of Extraordinary Achievements

The year under review, 2022 - 2023, has been truly extraordinary, giving us ample reason to applaud and celebrate the remarkable efforts of the WCFID team, service providers, persons with intellectual disabilities, the Board of Management and all other stakeholders. Their unwavering dedication and positive involvement in the sector of intellectual disability have been instrumental in our success.

This past year was not without its challenges, as the organisation, our country and the rest of the world, underwent significant transitions. The impact of the Covid-19 pandemic, along with the unstable economy and frequent power outages, affected individuals, families, organisations and communities. However, it was against this backdrop that everyone rose to the occasion, supporting one another and ensuring the rights, development and empowerment of persons with intellectual disabilities were strengthened.

I would like to take this opportunity to express my gratitude to Tessa Wood, the previous Director, for her invaluable contributions to the WCFID and for her guidance and support during our transition period.

Throughout the year, my focus extended beyond the smooth continuation of the WCFID's activities. I prioritised getting to know our stakeholders, particularly each team member, which provided me with a deeper understanding of their roles, their passion for their work and how they contribute to the organisation's mission. This knowledge informed our extensive discussions and reflections at both the team and Board of Management levels, allowing us to assess the impact and lessons learned from the Covid-19 pandemic on persons with intellectual disabilities, service providers and the WCFID itself. We also addressed pertinent issues related to transformation and advocacy for the rights of persons with disabilities. Additionally, we explored the highlights of alternative methods, such as online platforms, which facilitated global connections and communication, while identifying the practices that worked well for our service users and stakeholders.

Like many organisations, the WCFID faced the challenges posed by decreased funding and donor fatigue. To mitigate these impacts, we looked inward and sought to generate as much income as possible while reducing expenditure, all while maintaining the high standards of our programmes and outputs. The training team, with the support

of other staff members, rose to the challenge and successfully increased the training income budget by a notable percentage, while still delivering cost-effective capacity-building programmes. Congratulations to all on this in difficult economic times.

Furthermore, all team members made concerted efforts to save on expenses wherever possible. Our applications to new donors resulted in securing two new income sources. Despite these measures, the WCFID had to access our sustainability fund due to the substantial funding limitations. However, the forecast for the next fiscal year is optimistic.

The collective support of the team, the Board of Management, funders, donors, members and other stakeholders has been crucial in helping us navigate these challenging times. Together, we have emerged with positive outcomes and achievements.

Details of our achievements across all the WCFID programmes are documented in the remaining sections of this annual report.

Gail Davids, DIRECTOR

DONOR RECOGNITION - FINANCIAL AID, IN KIND AND SERVICES:

Anne Kreitzer Will Trust
Centre for Child Law, Pretoria
City of Cape Town
Community Chest (JH Richards)
Dept. Health, Western Cape
Dept. Social Development, Western Cape
Dorrington Matthee Consulting cc
ELMA Philanthropies
Frank Robb Charitable Trust
InVision Services
JET Lee Will Trust
One to One Day supporters (community clubs, schools, religious bodies)
RAITH Foundation
Syringa Trust

THE GROVER SCHOLARSHIP AND SPONSORSHIP TRUST: The Grover Trust Fund Allocations Committee awarded sponsorships to the facilities of 14 people with intellectual disability and three scholarships for MPhil degrees specific to intellectual disability.



WCFID STAFF

DIRECTOR
Gail Davids

PROGRAMME MANAGER
Aimee Isaacs

ADMINISTRATOR
Felicity Dreyer

MEMBERSHIP & PROJECT COORDINATOR
Sandy Butler

COMMUNITY TRAINER
Ruth Nugent

TRAINING COORDINATOR
Shakira Khan

ADVOCACY MANAGER
Vanessa Japha

BOOKKEEPER
Michelle Mert

GENERAL ASSISTANT
Nosipho Peter

(CONSULTANT - LIFE SKILLS TRAINER AND RESOURCE DEVELOPER)
Rebecca Johns



LONG SERVICE AWARDS, FROM TOP TO BOTTOM:
Aimee Isaacs, 10 years
Felicity Dreyer, 15 years.

Audited financial statements for 2022/23 are available on request



WCFID'S PROGRAMMES

CAPACITY BUILDING

One of the objectives of the WCFID is to provide skills development and capacity building for organisations in the intellectual disability sector. The Covid-19 pandemic required a response that explored various ways to achieve this objective, resulting in the expansion of the developed programmes and media usage. In this financial year, this expansion saw 939 staff, parents and people with intellectual disability from member organisations attending 109 capacity building and skills development workshops/interventions in various formats.



FACE-TO-FACE TRAINING



FACE-TO-FACE TRAINING



RIGHT: Training by cell phone light at Lentegeur Hospital during loadshedding

QUALITY OF CARE PART 2

(Recorded video packages delivered to organisations for on-site training)



'Quality of Care Part 2' training was developed, recorded onto USB flash drives and distributed in December 2022 for organisations to include in their on-site staff training in January 2023. These training packages also included a workbook for each staff member which was completed during training and could be used as a reminder going forward.

13 Special Care Centres completed the

'Quality of Care Part 2' on-site training using training packages, with a total of 430 attendees for the 39 sessions.

Comments from attendees

- The workshop was very helpful - it opened my mind to my job title and rights and responsibilities as a carer. Interesting and educational; I learnt a lot.
- Relevant, good points were made. good team building exercise, good workshop, learnt new skills, motivated me for the work I am doing.
- The workshop was informative as well as easy to understand, it was useful and I love that carers and educators were thought of because we do not always feel appreciated by our bosses. Management should watch it too.
- Best part for me personally was self-care - now I know to look after myself first, to give good quality care to the children. I will apply it in the classroom and implement it in my daily routine and outside the classroom, to better the daily activities in the workplace.
- To strengthen our skills so that we can do things to the best of our ability, setting time aside for me has made me feel more lighter and content, improve how I handle my class, to treat our kids with more dignity, always show the kids love and care, to strengthen work ethics and be more proactive.

LEARNING TO COMMUNICATE

A Communication Tool (Apron Project) teaches caregivers to use a selection of picture cards placed on an apron that they wear to communicate with learners who are unable to speak. Following development in 2021- 2022 the resource was completed this year and two face-to-face workshops were held, with 34 attendees from nine centres being upskilled to use this communication tool. 15 communication toolkits were distributed.



Comments from attendees:

- It has been very informative and educational, very well organised, meaningful.
- The cards will be very useful especially for our non-verbal kids. I will blend it with my daily programme and use it to communicate with the children.
- What I learnt about communicating with the children I will implement at the centre.



Communication apron in use at Simanyene Centre

CARING FOR THE CAREGIVER

Mental health is an important topic being discussed on various platforms worldwide. The WCFID has initiated a project that focuses on supporting caregivers (both staff and familial caregivers) based on research by Dr Bonita Gordon. Dr. Gordon has presented her research findings on building caregiver resilience to the WCFID, aiming to provide training support within the sector. As part of this initiative, a two-day training programme and workbook for parents were developed. The workbook serves as a resource for training and can be kept for future reference. The first of these training sessions was successfully held in Mitchells Plain, Cape Town, in March 2023, and was well received. The WCFID will now leverage the insights gained from this training to develop a comprehensive 'Building Caregiver Resilience' resource and expand training opportunities.

Some comments from parents who attended this workshop:

- It is exactly what we as parents need. I can do better with my child. This workshop was about responsibility and a life changing experience and I can face the world more positive. It made a huge difference to me as a parent and mother and most importantly it taught me to be kind to myself. I got excellent insight and changed one's thinking and mindset.
- I can use information at home by implementing the training in daily life. I will use my experience for people who have the same problems, give advice and show them the work we have done. I will use this information with my child and I will use this information in my community.
- I thought I was the only one that felt isolated and uneducated about the difficulties in raising a disabled child. I now know that I am one of the many that face these hardships and I have now been equipped to deal with and overcome daily obstacles. This course helped me to focus on what is in my control.

OTHER HIGHLIGHTS FROM THE ANNUAL TRAINING PROGRAMME:

The WCFID hosted two two-day NPO Compliance Training workshops with the Department of Social Development. This training allowed organisations to check on their NPO status, compliance and get support for any concerns they may have regarding governance.



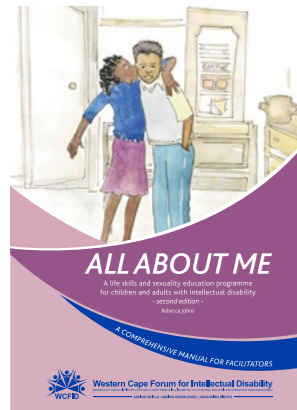
There was a positive response to both training sessions:

- Brilliant, enlightening and educational.
- Apply the concepts within our organisation for transparency.
- Helps us to run our organisation better.
- Very informative, I walked away learning a few insightful and knowledgeable things about running a fully compliant NGO, the facilitators were welcoming and they presented the different topics in a fun and interactive manner. The workshop was well organised.
- The information will guide us to practice good governance of the organisation and remain compliant, the information received helps to see where our organisation fits into the bigger scheme of things. The fundraising information will help us to reach our goals and attempt to cover the day-to-day necessities of the centre.
- The workshops/training courses have motivated me (a newly appointed manager) to increase my team's work productivity and to become more confident as a leader.

WCFID'S PROGRAMMES CONT.

"ALL ABOUT ME" LIFE SKILLS AND SEXUALITY SELF-PACED COURSE, AND FACE-TO-FACE TRAINING

Children and adults with intellectual disabilities often face misinformation or are denied appropriate information regarding their sexuality. This lack of guidance increases their vulnerability to sexual abuse, making sexual mistakes, or simply misunderstanding normal sexual development. The "All About Me" training programme and resources aim to enhance the capacity of professionals to engage with and provide guidance on this crucial topic to children and adults with intellectual disabilities, as well as their parents and caregivers. During this year, the WCFID hosted both online self-paced Life Skills and Sexuality course and venue-based training.



Face-to-face, or venue-based, training was delivered to 13 participants, many of whom shared the challenges they face in providing sexuality education to children and adults with intellectual disability on the Autism Spectrum. This training focuses on group work and active learning, allowing participants to both experience and facilitate activities with each other. It provides an opportunity for in-depth conversations and practical experiences, enabling participants to feel more confident and comfortable with the topic. Online training took place with 20 participants including educators, health professionals and social workers working with both children and adults with intellectual disabilities. The online course offers access to comprehensive information on sexuality education for children and adults with intellectual disabilities. Although it lacks the experiential component, the online training includes videos of activities and individual assignments such as designing a lesson plan or writing a draft sexuality education policy. A chat forum is available for interaction and sharing ideas or concerns.

REPORT FROM A CENTRE AFTER COMPLETING THE ONLINE TRAINING:

WHY THIS TRAINING IS IMPORTANT

- We felt it was important to attend this course as we are working with older boys and girls who are going through puberty stages.
- The teachers who joined also felt the need for them to do it as they notice learners becoming aware of their body and started exploring/ touching their private parts from a younger age. No need to wait for our children to reach puberty before we do this.

TRAINING IMPACT

- The training has impacted our work in a positive way: it gave us a better understanding of how to approach this very sensitive topic with calmness and in a practical way.
- We understand the importance of having a sexuality education policy in place before starting to teach about private parts. This has changed the attitude of staff towards the children in our centre.

MONDAY WORKSHOP WITH REST OF STAFF 9th June 2022

- After the training I shared with the rest of the staff highlights such as the sexuality education policy; and spoke on some activities which can be adapted based on the level of function of the group.

WHY WE TOOK IT TO THE PARENT MEETING:

- We felt that the best way to accommodate our parents and share information is during a regular Parent Meeting as most parents are working and not always available.
- To equip our parents whose children who are going through puberty.
- Each teacher who did the course had to choose an activity and write out the planning of what they will be doing with staff.
- The response of the staff was good. They found it interesting and helpful.

FIRST BRIEF INTRODUCTION ON TOPIC WITH PARENTS 31st August 2022

We shared a brief overview of the course we did and the importance of educating parents around the topic of sexuality education. Supporting our parents is important, as many of them are unsure about how to navigate their children's puberty journey and especially because some of the younger children are already showing signs of curiosity about their bodies through touching and exploration. Parents were keen to learn more about the right timing and ways to talk to their children about this topic. To break the ice, we asked parents to participate in an activity where they had to draw private parts and practice dressing and covering them up. It was uncomfortable for the parents in the beginning, but in the end, they ended up enjoying the activity. We understand that talking about sexuality can be challenging for parents, but we have found a fun and engaging way to address sexuality education with their children.

We are planning a follow-up workshop with parents in May and June 2023.



RESEARCH & RESOURCE DEVELOPMENT

RESEARCH

The WCFID has been supporting a research project on self-advocacy led by Professor Sharon Kleintjes from 2021- 2022. This research project focused on self-advocacy by people with intellectual disability in policy development.

The study consisted of three sub-studies focusing on the following topics: the development of a conceptual framework for self-advocacy by self-advocates with Intellectual Disabilities (doctoral study strategies to improve self-advocacy by self-advocates with intellectual disabilities (doctoral study); and a qualitative study on the views of people with intellectual disability regarding their health and social priorities for policy development (master's study).

During 2022-23, the WCFID provided support to two young adults with intellectual disabilities who participated as self-advocacy advisors on the research project's advisory committee. This support included training the self-advocates on how to use Zoom, how to prepare for meetings, and answering questions in meetings. This project made it very clear that more work needs to be done to encourage and support self-advocacy and as a result the WCFID has embarked on a process of assessing the needs of self-advocates, gathering information on what they would like to have included in a self-advocacy programme and providing support for a group of self-advocates to add their voice to development of self-advocacy learning material.

During this financial year, the WCFID also provided assistance with ongoing doctoral research in the field of respite care for people with intellectual disabilities.

RESEARCH DEVELOPMENT

The WCFID has begun the process of updating the "Understanding Intellectual Disability" pamphlet. This resource is designed to help better understand the diagnosis, levels of support required, and where to get more information and help. This new pamphlet will be released during 2023. Additionally, the WCFID advocacy team also started the process of developing a "Right to Education Fact Sheet". After many years of advocacy, research, meetings and implementation, there is substantial information to report on and having one comprehensive document that answers questions will surely be helpful in the continuity of this advocacy process.



COMMUNITY ENGAGEMENT

ONE TO ONE DAY 2022 was once again celebrated somewhat differently due to the lingering effects of the Covid-19 pandemic. Instead of the event being held at the Cape Town Stadium, the One to One Day organisers initiated the "Bare Necessities Campaign" and parcels containing various items such as toys, tea, coffee, rice, soup mixes and lentils were distributed to 2 860 people with intellectual disability from 48 centres in the Western Cape.

Once again, these parcels were collated and labelled off-site by the One to One Day organisers and delivered to the WCFID offices for distribution. This resulted in some very busy days, challenging logistics and a jam-packed training room for WCFID staff, but all for a great cause.

Many residential facilities used the donations to create their own mini-One to One Day for their residents, which was such a lovely idea!



The WCFID salutes the efforts of THE ONE TO ONE DAY organisers to keep the project going during these difficult years.

Order from chaos.



ADVOCACY

Campaign for the Right to Education of Children with Severe to Profound Intellectual Disability Court Order (Case No 18678/2007)

WCFID's education rights campaign finds itself tested by the energy crisis and political and socio-economic instability that are ravaging the most vulnerable in society, especially those with intellectual disability, their families and service providers (NGOs). When we speak to our members there is one word on their lips - 'funding'.

We in the disability rights community cannot afford to falter in the face of crises. Those of our members who have not lost their funding cannot allow ourselves to forget organisations who have. The exit strategy in our funding contracts warns us not to be complacent. Lack of funding raises a spectrum of human rights infringements. We need to remain firm in holding government accountable and take cognizance of companies that record substantial profits while cutting CSI funding to NPOs that serve the most vulnerable.

PROGRESS IN CHALLENGING TIMES

Even at a time like this, we have reason to celebrate. Without WCFID's advocacy work, our special care centres may very well be facing more drastic cuts. The WCG reported that although National Treasury (NT) and the Department of Basic Education (DBE) have cut conditional grant funding for the education of children with severe to profound intellectual disability (SPID) by 16.66%, WCED has allocated a further R67m for the education of children with SPID.

Some of our most significant victories are reflected in progress towards the promulgation of enabling laws and resourcing and funding norms without which, holding those accountable for their responsibilities has proven to be problematic:

- The announcement that the Disability Rights Bill will be tabled for consideration by the National Assembly in 2024. We made a submission to the South African Law Reform Commission to domesticate the UN Convention on the Rights of Persons with Disabilities based on the White Paper on the Rights of Persons with Disabilities.
- The announcement that the Department of Basic Education (DBE) has established a Ministerial Task Team to review White Paper 6: Special Needs Education: Building an Inclusive Education and Training System, with a view to promulgating enabling laws and funding norms. We have collaborated with partner organisations to reach this point. There is strength in our united advocacy to end injustice for persons with disabilities.

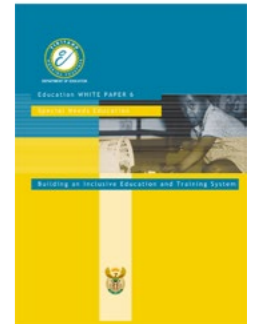
- We sustained this advocacy in our submission to parliament on the Basic Education Laws Amendment (BELA) Bill.
- Successfully lobbying the WC Premier's Office to drive the implementation of our court order (Case18678/2007) in the WC by lobbying the national DBE to transform related policy and legislation.

We have also been able to sustain momentum for:

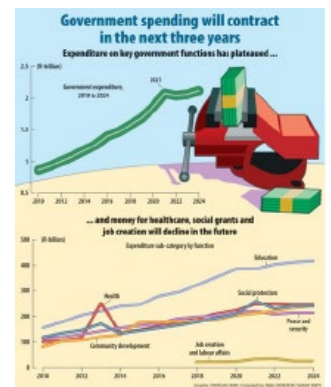
- The inclusion of children with SPID from centres at public schools with the appointment of practitioners and class assistants.
- Accelerated access to learner transport, the National School Nutrition Programme (NSNP), funding for adequate staff and their training and accreditation.
- A research study on the costing implications of our court order in collaboration with our partners.
- Supporting our partners in Limpopo and the Eastern Cape to lobby for the implementation of our court order.



UN Symbol



Education white paper 6



Austerity budgeting, South Africa

WCFID COURT ORDER (CASE18678/2007) THE HIGH COURT OF THE WESTERN CAPE MADE THE FOLLOWING ORDER:

[52] [...] 2) The respondents are directed forthwith to take reasonable measures (including interim steps) in order to give effect to the said rights of severely and profoundly intellectually disabled children in the Western Cape, including (but not limited to):

- 1.1 ensuring that every child in the Western Cape who is severely and profoundly intellectually disabled has affordable access to a basic education of an adequate quality;
- 1.2 providing adequate funds to organizations which provide education for severely and profoundly intellectually disabled children in the Western Cape at

special care centres, such as to enable them to:

- 1.2.1 have the use of adequate facilities for this purpose;
- 1.2.2 hire adequate staff for this purpose;
- 1.3 providing appropriate transport for the children to and from such special care centres;
- 1.4 enabling the staff of such special care centres to receive proper accreditation, training and remuneration; and
- 1.5 making provision for the training of persons to provide education for children who are severely and profoundly intellectually disabled.



Handover of buses to Vukani Centre, left, and Vrolike Vinkies, right

WCFID MEMBERS 2022/2023



PRE-SCHOOL Vrolike Vinkies, Ceres

SPECIAL EDUCATION & CARE CENTRES

- Aanhouwen Work & Care Centre, Somerset West
- ASD Sean Kelly, Worcester
- Autism Connect Learning Centre, Strandfontein
- Balula Centre, Phisantekraal
- Bizweni Centre for Children with Disabilities, Somerset West
- Bredasdorp Outreach, Bredasdorp (Elim Home)
- Community Action Partnership Day Care Centre, Swellendam
- Carbonado Energy Autism Centre, Athlone
- Courage to Care, Macassar
- De Heide Children's Special Care Centre, Lansdowne
- Emmanuel Day Care Centre, Atlantis
- Erika Special Education & Care Centre, Mitchells Plain
- Friends Day Centre, Maitland
- Fundi Rainbow Educare Centre, Strand
- Gansbaai/Stanford Outreach, Gansbaai (Elim Home)
- Good Hope Day Care Centre, Mbekweni
- Heideveld Special Education & Care Centre, Heideveld
- Imizamo Yethu Special Education & Care Centre, Khayelitsha
- Jo Dolphin, Malmesbury
- Joy Special Educare Centre, Mitchells Plain
- Light of the Cross Animal Therapy Centre, Hermanus
- Masixole Day Care Centre, Beaufort West
- Mickey Foundation for Autistic and Special Needs Children and Adults, Brackenfell
- Mooiuitsig Dagsorg, Mossel Bay
- Nomaxabiso Day Care Centre, Philippi
- Oasis Day Centre, Delft
- Oasis Day Centre, Ravensmead
- Orion Children's Day Care Centre, Atlantis
- Project Playground, Langa
- Reenboog Dagsorg Sentrum, Vredendal
- Roosendal Special Care Centre, Delft
- Sherwood Park Day Care Centre, Manenberg
- Sibongile Day & Night Care, Khayelitsha
- Simanyene Centre for the Disabled, Nomzamo, Strand
- Sinethemba Special Care Centre, Masiphumelele
- Siyabonga Huis van Danksegging, Vredenburg
- Small Dreams Special Needs Educational Daycare Centre, Riversdale
- Sobambisani/Sinethemba Day Care, New Crossroads
- Sterretjies Gestremde Gemeenskap Sorg, Citrusdal
- Sunrise Special Care Centre, Heathfield
- Trippeltoontjies Playschool for Disabled Children, Robertson
- Umthi Special Care Centre, Stikland
- Uluncedo, Mfuleni
- Understand Hope & Care, Khayelitsha
- Vukuhambe Day Care, Zwelethemba
- Vukani, Khayelitsha
- Yomelelani, Philippi
- Woodside Special Care Centre, Rondebosch

SCHOOLS

- Alpha School for Learners with Autism, Woodstock

- Alta du Toit School, Kuils River
- Athlone School for the Blind, Athlone
- Bel Porto School, Lansdowne
- Blouville School & Resource Centre, Retreat
- Camphill School, Hermanus
- Chere Botha School, Bellville
- Dorothea School, Stellenbosch
- Eden LSEN School, Worcester
- Enkuthazweni Skills Centre, Port Alfred
- Glenbridge School & Resource Centre, Bergvliet
- Lentegeur School, Mitchell's Plain
- Ligstraal School for LSEN, Paarl
- Molenbeek School, Maitland
- Oasis Special School, Belhar
- Ocean View School, Ocean View
- Olympia School, George
- Orion Children's Day Care Centre, Atlantis
- Perpetua House, Monte Vista
- Seal College, Tableview
- St Joseph's Marist College, Rondebosch
- Tygerberg Hospital School, Tygerberg
- Vera School for Autistic Learners, Crawford

PROTECTIVE WORKSHOPS & SUPPORTED EMPLOYMENT

- Aanhouwen Work & Care Centre, Somerset West
- Astra Centre, Cape Town
- Alta du Toit Nasorg, Bellville
- CAPability, Swellendam
- Care Career Connection, Elsenburg
- Down with Dough, Durbanville
- Emmaus, George
- Enkuthazweni Skills Centre, Port Alfred
- Huis Horison, Stellenbosch
- Joyce Chevalier Centre, Fish Hoek
- Oasis Protective Workshop, Claremont
- Oasis Protective Workshop, Ravensmead
- Sunfield Home, Wellington
- The Academy for Adults with Autism, Bergvliet
- The Village Work Centre, Lansdowne
- Training Workshops Unlimited (TWU), Athlone
- TWU, Mitchells Plain
- TWU, Nonceba, Khayelitsha
- TWU, Retreat

RESIDENTIAL SPECIAL CARE/ 24 HOUR FACILITIES

- Agape Family Ministries, Grabouw
- ASD Sean Kelly, Worcester
- Die Eiland Huis, St Helena Bay
- Elim Home, Elim
- Gabriella Centre, Somerset West
- Hearthlands Baby Sanctuary, Somerset West
- Iqhayiya Care & Support House, Khayelitsha
- Little Angels Children's Home, Somerset West
- Sibongile Day & Night Care, Khayelitsha
- St Joseph's Home, Montana

RESIDENTIAL/GROUP HOMES

- ACVV Elizabeth Roos Home, Cape Town
- Adams Farm Home Trust, Plumstead
- Anchors Away Village, Simon's Town
- Alta du Toit After Care (Badisa), Bellville
- Belmont Care Centre, Kenilworth
- C.A.R.E House Jonathan, Somerset West
- Camphill Farm Community, Hermanus
- Camphill Village West Coast, West Coast
- Community Mental Health, Brackenfell

INDIVIDUALS

- Maryam Abbas
- Toni Abrahams
- Wendy Arendse
- Janice Behr
- Claire Bennie
- Elsabet Bester
- Catherine Blow
- Tamsin Bush
- Kay Cikiswa
- Jane Dederick
- Nicole Dennis
- Joanne Erikson
- Abigail Esau
- Isabelle Gidlow
- Nicole Goldberg
- Bonita Gordon
- Jacqui Harvey
- Rebecca Johns
- Nina Klein
- Prof. Judith McKenzie
- Prof. Thobeka Mda
- Chanelle Meyer
- Naser Cader Moko
- Noreth Muller-Kluis
- Ann Myles
- Angela O' Neale
- Coerien Pretorius
- Marinda Roelofse
- Dr. Fiona Schulte
- Caroline Taylor
- Dr. Angeline Thomas
- Toni Tickton
- Sally Titlestad
- Yvonne van der West-
- huzen
- Nicole Wilson
- Tessa Wood

HONORARY MEMBERS

- Prof. Colleen Adnams
- Ruth Alfreds
- Rosemary de Waal
- Albert Glass
- William Kerfoot
- Prof. Chris Molteno
- Vivienne van der Merwe

- Garden Cottage, Heideveld
- Glendale Home, Heathfield
- Huis Horison, Stellenbosch
- Humberstone House, Plumstead
- Hurdy Gurdy House, Penhill Estate
- Includid Group Homes, Maitland
- Oasis House, Claremont
- Oasis House (Chukker-Lee), Kenwyn
- Oasis House, Ruyterwacht
- Rehoboth Home Care, Hanover Park
- St. Joseph's Home, Montana
- Simanyene Residential Home, Nomzamo, Strand
- Sunfield Home, Wellington
- The Academy for Adults with Autism, Bergvliet
- The Open Circle, Maitland
- Zandvliet Care Facility, Macassar

HOSPITALS

- Alexandra Psychiatric Hospital, Maitland
- Lentegeur Psychiatric Hospital, Mitchells Plain
- Nelspoort Hospital, Beaufort West

ASSOCIATIONS AND ORGANISATIONS

- Autism Western Cape, Mowbray
- Beaufort West, A.P.D., Beaufort West
- BPJ Worth NPO, Elsies River
- Breede Valley A.P.D., Worcester
- Cape Mental Health, Observatory
- Care Career Connection, Elsenburg
- Community Action Partnership, Swellendam
- Community Mental Health & Psychiatry Foundation, Brackenfell
- Down Syndrome Association Western Cape, Bellville
- Down Syndrome Support, Rondebosch
- Drakenstein APD, Paarl
- Eastern Cape Cluster for Special Care Centres, Eastern Cape
- Fish Hoek, Kommetjie, Noordhoek Welfare Association, Masipumele
- Iris House Children's Hospice, Stikland
- Jewish Community Services, Vredehoek
- Limpopo Disability Managers Forum, Mahwelereng
- Mossel Bay A.P.D., Mossel Bay
- National Institute for the Deaf, Worcester
- Oasis Association, Claremont
- Orion Organisation, Atlantis
- Oudtshoorn A.P.D., Oudtshoorn
- Overstrand A.P.D., Overberg
- Senecio Support, Somerset West
- Sinethemba Organisation, Malmesbury
- The Friendship Connection, Cape Town
- Tygerberg APD, Goodwood
- UCT Intellectual Disability Division, Rondebosch
- Uhambo Foundation, Wynberg
- WCED, CSPID Team-Rural, Riebeeck West
- WCED, CSPID Team-Winelands, Worcester
- Western Cape A.P.D., Milnerton
- Western Cape Cerebral Palsy Association, Mowbray
- West Coast Disability Forum, Vredenburg

FEEDBACK FROM TRAINING WORKSHOPS:

“ I can use it in majority of my engagements with service users and family-education and advocacy.

“ I would like to start grouping learners together to start with the program as soon as possible. I would like to emphasize the message that we shouldn't wait until adulthood to talk about these topics with learners with ID.

“ I have learnt a lot in this course. I think that the short videos and all the activities in the manual really work for me. The resources, extra reading material and the lesson plans are a huge help. Reference documents and resources - comprehensive guides, with a personal (heart) touch to doing sexuality education with persons with intellectual disability.

“ Helped me feel comfortable addressing the sexuality topic. Presenter was exceptional very informed about the topic.

“ Demonstration was very clear and easy to understand and it will be easy for me to share the information.

“ I love the resources they are clear demonstrations and so appropriate.

“ Draw up policy to advocate for patient dignity.

“ Will work on our policy and establish sex ed committee and work on sexuality education policy.

- “
1. Comprehensive sexuality education is so important for everyone
 2. The organisation needs to provide this training for the parents of the children we see
 3. The organisation should agree to the draft policy and to see comprehensive sexuality education as being a service to the families.





Western Cape Forum for Intellectual Disability

WESKAAP FORUM VIR INTELLEKTUELE GESTREMDHEID — IQUMRHU LE NTSHONA KOLONI LOKHUBAZEKO NGENGOQONDO

— ADDING SKILLS • ADDING KNOWLEDGE • ADVANCING RIGHTS —

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