



HELP US TRACK YOUR PAYMENTS!

When paying for training, please add:
Name of individual, or organisation, or centre,
or invoice number (if available) AND the
WCFID payment code, i.e.: Train/19/07/23

Payment codes are unique to each session,
and are shown on the registration form.

Please note, all training is funding dependent which may result in unforeseen changes. Please check the quarterly newsletter for updates and details about any changes to the training programme.

Unless specified for a closed group or members only, training is open to all interested. It is essential to register for training. Register online at www.wcfid.co.za

- CPD payments: Please note for courses where CPD points are pending, we will only request payment from you once approval for accreditation has been received from statutory /professional bodies. Those who have registered for CPD points will be notified of the approval via e-mail, together with the WCFID banking details for payment. Once your proof of payment has been e-mailed to Shakira Lakay on coordinator@wcfid.co.za, your CPD certificate will be e-mailed to you.
- CPD points will be invoiced separately once they have been confirmed.
- Training that costs more than R500,00 per person will be invoiced before the training date, and should be paid before the training date to secure your booking.
- The WCFID's Refund and Cancellation policy applies to all workshops.

**NEWS, EVENTS, UPDATES AND THIRD TERM TRAINING,
JULY 2023**



WCFID Regional Biennial Intellectual Disability Meeting

**Topic: Local implementation of
global trends in intellectual disability.**



Please note: Unfortunately, due to technical issues beyond our control, we have to postpone this meeting until March 2024.

Please watch the newsletters for further information

A SUPPORT NETWORK FOR TRAINING - ADVOCACY - RESOURCES
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***LOOK FOR THIS MEETING DURING INTELLECTUAL
DISABILITY AWARENESS MONTH, MARCH 2023***

UNDERSTANDING THE SENSORY SYSTEM AND SENSORY OVERLOAD

Presented by: Tasneem Abrahams, Occupational Therapist

Date: Wednesday, 19th July

Time: 10:00 a.m. – 12:00 p.m.

Cost: Members R50, non-members R120

Zoom online training



Join us as we learn about the sensory system and sensory overload. Our presenter Tasneem Abrahams, an occupational therapist in private practice, will navigate these complex topics and provide easy to understand examples and guidance. The webinar will have a brief overview of the sensory system and the ways in which it functions in everyday life. The presenter will then discuss the various types of sensory overload, their causes, and how to identify them. Following on to this our presenter will explain how sensory overload can affect individuals and what strategies can be used to manage it. Lastly the Sensory Arousal Wheel and strategies for sensory regulation will be discussed.

CLICK HERE TO BOOK FOR THIS WORKSHOP

UNDERSTANDING FETAL ALCOHOL SYNDROME

Presented by Toni Abrahams, Senior Psychologist,
Lentegeur Psychiatric Hospital



Date: Wednesday, 26th July

Time: 10:00 a.m. – 11:00 a.m.

Cost: Members R50, non-members R120

Zoom online training

This webinar will provide an overview of the condition, along with its causes and diagnosis. This will include a discussion of the symptoms associated with Fetal Alcohol Syndrome, as well as how it can be diagnosed and treated, and what the developmental impacts are on the individual as well as the psycho-social effects associated with the diagnosis. Information will be provided on how to reduce the risk of Fetal Alcohol Syndrome.

CLICK HERE TO BOOK FOR THIS WORKSHOP



TRAUMA INFORMED APPROACH AND SELF CARE: UNDERSTANDING TRAUMA, HOW TRAUMA CAN DISPLAY IN PEOPLE WITH DISABILITIES, AND SELF-CARE FOR CAREGIVERS

Presented by Ruth Nugent, Social Worker and Community Trainer, WCFID and Shakira Lakay, Training Coordinator, WCFID

Date: Wednesday, 2nd August

Time: 10:00 a.m. – 12:30 p.m.

Zoom online video share & discussion

No cost

This webinar will provide an introduction to trauma: the signs, symptoms, and risks of trauma in people with intellectual disabilities, and what better ways to support the psycho-social needs of children and adults who may have experienced trauma, and their care givers. This further includes examining how these experiences can impact and determine behaviours, and how to recognise this, and best create a supportive environment.

[CLICK HERE TO BOOK FOR THIS WORKSHOP](#)

SELF-ADVOCACY GROUP: SESSION 2 of 3

Presented by Cole Goldberg, Occupational Therapist

Date: Thursday, 3rd August

Time: 10:00 a.m. – 12:30 p.m.

Venue: WCFID Training Room

No cost

CLOSED GROUP: Members only session



E-mail Ruth
trainer@wcfid.co.za
for more information

PRINCIPALS MEETING: ALL PRINCIPALS AND SUPERVISORS OF SPECIAL CARE CENTRES/ 24 HOUR FACILITIES FOR PEOPLE WITH SEVERE TO PROFOUND INTELLECTUAL DISABILITY

Facilitated by Gail Davids, Director, WCFID

Date: Thursday, 10th August

Time: 10:00 a.m. – 12:30 p.m.

Venue options: WCFID training room or Zoom online

No cost

[**CLICK HERE TO BOOK FOR THIS WORKSHOP**](#)



AUTISM AND INTELLECTUAL DISABILITY: HOW TO MANAGE BEHAVIOURS SUCH AS STIMMING, AND ALTERNATIVE APPROACHES TO MANAGING THE OLDER CHILD/TEENAGER

Presented by Renée van Biljon, Speech, Language and Hearing Therapist, Tygerberg Hospital School, Herbert Street Campus

Date: Wednesday, 16th August

Time: 10:00 a.m. – 11:30 a.m.

Cost: Members R50

Non-members R120

Online training via Zoom

This webinar will provide an overview of the various approaches available; the challenges associated with managing stimming behaviours in the older child/teenager; and discuss how to approach these challenges in a positive and supportive way.

It will also address the importance of proper communication and understanding when dealing with this age group, and how to foster positive relationships and trust. The webinar will provide a variety of strategies for managing stimming behaviours, from the use of positive reinforcement strategies and redirection to the use of distraction and sensory strategies. It will also discuss the importance of creating a safe and secure environment and provide tips on how to do this.

Finally, the webinar will offer advice on how to look for signs of distress and how to respond appropriately. It will also consider the importance of involving the child/teenager in the decision-making process, and the importance of self-care for both the child/teenager and the carer.

[**CLICK HERE TO BOOK FOR THIS WORKSHOP**](#)

MANAGING SENSORY STIMULATION CHALLENGES AND ALTERNATIVE APPROACHES TO MANAGING BEHAVIOUR

Presented by Anna-Beth Aylward
Training Coordinator, Occupational Therapist
Autism Western Cape

Date: Wednesday, 30th August

Time: 10:00 a.m. – 12:30 p.m.

Cost: Members R50, non-members R120

Zoom online training



**CLICK HERE TO BOOK
FOR THIS WORKSHOP**

Sensory stimulation can be a challenge for both children and adults with autism, as their sensory system often becomes overwhelmed. It is important to be aware of the signs and symptoms of sensory overload and to create an environment and activities that are calming, and don't overwhelm the senses. This webinar aims to assist to identify what causes sensory overload, triggers for sensory overload and how to create an environment that is calming and comfortable and to provide alternative activities that do not overwhelm the senses and that can help reduce the sensory overload. Alternative approaches to managing behaviour will be shared to teach desired behaviours.



37TH ANNUAL GENERAL MEETING

PLEASE SAVE THE DATE

**YOU ARE INVITED TO THE WCFID 37TH
ANNUAL GENERAL MEETING ON
TUESDAY 12TH SEPTEMBER 2023
FROM 2 P.M. TO 3.30 P.M.**

**FURTHER DETAILS WILL FOLLOW CLOSER TO THE
TIME.**

INTRODUCTION TO LABOUR LAW: FOCUSING ON DEALING WITH CONFLICT IN THE WORKPLACE, PRACTICAL TIPS ON FACILITATING A HEARING, AND HOW TO INCLUDE DISCIPLINARY PROCESSES WITHIN A WORKPLACE POLICY

Presenter: Ali Ncume, Labour Law specialist, Ncume Labour Consulting

Date: Wednesday 20th September 2023

Time: 10:00 a.m. – 12:30 p.m.

Cost: Members R150, non-members R250

Online training via Zoom.

Our enthusiastic labour law expert, Ali Ncume, will be presenting practical tips on how to deal with conflict in the workplace. Participants will be taught how to recognize when conflict is beginning to arise and how to properly address it. Additionally, the webinar will discuss how to facilitate a hearing and include disciplinary processes within a workplace policy. The webinar will begin with a discussion of the different types of conflict that can occur in the workplace and the steps needed to successfully resolve them. After this, participants will be shown some examples of how to effectively facilitate a hearing in order to effectively address the issue at hand. Finally, the webinar will provide guidance on how to include disciplinary processes within a workplace policy to prevent further issues arising. Throughout the webinar, participants will have the opportunity to ask questions and provide feedback.

CLICK HERE TO BOOK FOR THIS WORKSHOP

ALL ABOUT ME LIFE SKILLS AND SEXUALITY ONLINE COURSE
5 weeks SELF-PACED STUDY

This 5-week, self-paced, online course aims to help teachers, therapists, social workers and caregivers to prepare and present a life skills and sexuality programme to learners and adults with mild to moderate intellectual disability.

In this course, attendees will learn a rights-based approach to sexuality work; why people with intellectual disability are more vulnerable to abuse; how to teach a client with intellectual disability about their bodies; relationships; their sexual development, and so much more.

Date: 18th September – 30th October 2023

Rates for this course are as follows:

Member rate – R1000 per person includes book (no CPD points)

R1500 includes book and CPD points - 15 SACE CPTD points approved.

HPCSA and SACSSP points pending

Non-member rate – R1200 per person includes book (no CPD points)

R2000 includes book and CPD points - 15 SACE CPTD points approved. HPCSA and

SACSSP points pending

MEMBERS ONLY SPECIAL:

Pay R3000 for 2 attendees from ONE school/organisation and receive a FULL set of resources, picture pack + resource pack valued at R2380, FREE!

Max of one full set of resources per organisation.

Does not include individuals. Includes CPD points: - 15 SACE CPTD points approved.

HPCSA and SACSSP points pending.

Maximum of 30 attendees.

Please watch your emails, WCFID website and social media for registration details. For more information or queries regarding this course, please email Ruth on trainer@wcfid.co.za

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