



Western Cape Forum for Intellectual Disability

WESKAAP FORUM VIR INTELLEKTUELE GESTREMDEHEID — IQUMRHU LE NTSHONA KOLONI LOKHUBAZEKO NGENGOQONDO

— ADDING SKILLS • ADDING KNOWLEDGE • ADVANCING RIGHTS —

News and training for the third term, 2022

FROM GAIL DAVIDS, DIRECTOR

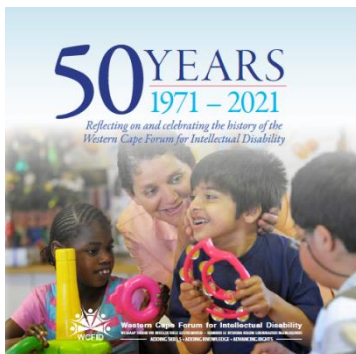
I would like to thank the WCFID staff team, Forum members, Tessa, the Board of Management, and stakeholders for the warm welcome, great reception, and support during the transition period. It is truly appreciated.

To those organisations that I was privileged to visit during the second term, thank you for opening your doors for me to see what wonderful work you do, and to connect with in person. I am definitely going to visit more organisations.

The COVID19 pandemic has placed many pressures on all of us and especially on the person with intellectual disability - the isolation, lack of contact, new rules etc. The need to overcome the negative impact has stretched us all to spaces that we would not have thought possible, but we did it. What an amazing, innovative, resilient bunch of people we are!

I know that every single person and organisation has been impacted by an array of losses during this period – my appeal to all is to carry on with the belief that tomorrow the sun will rise, that we will laugh; and know that we are resilient and significant, never forgetting that the core reason for our existence is people with intellectual disability.

It must be remembered that the value offered by the WCFID is significant in time and cost. However, as envisioned by Professor Grover, the training and resources developed and provided by the WCFID continue to be significantly subsidised, ensuring that the intellectual disability sector has access to affordable research based training and resources.



36TH ANNUAL GENERAL MEETING OF THE WESTERN CAPE FORUM FOR INTELLECTUAL DISABILITY

TOPIC: Global trends in improving services to people with intellectual disability

PRESENTER: Prof. Sharon Kleintjes
Vera Grover Chair of Intellectual Disability,
University of Cape Town

DATE: Tuesday, 13th September 2022

2022 is an election year - we will be electing a new Board of Management at this meeting. If you would like to nominate a new Board member, please e-mail Felicity on admin@wcfid.co.za for the nomination form.

Please bookmark the date to ensure you can attend!

Further information and registration details will follow closer to the time.

Third Term Training, 2022

A NOTE REGARDING MEMBERSHIP

Please note: Rates for training will be charged at non-membership rates, unless membership fees for the current membership period 01 April 2022 to 31 March 2023, have been paid. If you have not received your membership number and have paid membership fees, please send the notification of payment to Sandy on projects@wcfid.co.za



A MESSAGE FROM OUR STAFF:

This was a busy term and we had some fantastic webinars with thought-provoking topics and great practical tips from a variety of very experienced presenters. However, an absolute highlight was a face to face presentation at Friends Day Centre. Along with Johann, manager at Friends Day Centre, we agreed on the topic – Parent Mental Health Matters!

This is a topic that is often overlooked and this was evident in the way parents responded. It was an emotional morning for some but many left saying they felt validated and seen – we mentioned so many struggles they may be experiencing and it was good to hear that they're not alone.

We were thrilled to hear that from this session, the parents started their own WhatsApp support group!

This also made us think about the extended family, and has resulted in planning a future training on supporting siblings – please have a look at our training programme to RSVP for this.

AIMEE ISAACS, PROGRAMME MANAGER



Western Cape Forum for Intellectual Disability
ADVANCING SKILLS • ADDRESSING PROBLEMS • EDUCATING RIGHTS

Quality of Care Training
A workshop for staff of
Special Care Education and Care Centres
and 24-hour Care Facilities
(Severe to Profound Intellectual Disability)
Workbook



Name: _____
Date: _____

Developed by the Western Cape Forum for Intellectual Disability



Quality of Care Part 2

In March of 2022, the WCFID launched the Quality of Care training programme. This programme is aimed at Special Care Centres with a focus on care and support staff and aims to improve the quality of care service provided to children and adults with intellectual disability.

This 3-part video series training is couriered to organisations for onsite training and focuses on learning about human rights, the rights of clients with intellectual disability, providing a good care service and having a rights based approach to managing care and stimulation throughout the daily programme. There was an excellent uptake of this programme and many positive responses, which is much appreciated.

If you'd like to offer this training for your staff, please email Ruth on trainer@wcfid.co.za to discuss a training package.

This term we'll be releasing the second Quality of Care training, please look out for more information in your inbox soon!

WEBINAR: AN INTRODUCTION TO EPILEPSY AND SEIZURE MANAGEMENT

Epilepsy SA Western Cape will be presenting an overview of:
What is epilepsy; types of epilepsy; causes of epilepsy; and seizure management.

And, most importantly, looking at the impact on the individual and the family and how you can assist with appropriate seizure management techniques. The trainer will cover how to assist and refer a client to their organisation for assistance.

Presenter: Erica Swartz, Public Awareness Trainer

Date: Wednesday 27th July

Time: 10.00 a.m. - 11.00 a.m.

Cost: Members R50, non-members R120



[Click here to register](#)



AUTISM: LOOKING AT PROGRAMMES THAT ARE IN PLACE FOR YOUNG ADULTS

This **webinar** will examine the opportunities and programmes that are in place for young adults with autism and where gaps and challenges are regarding these opportunities and possible solutions to these. This would be an interactive discussion webinar and we would value your experiences within this area to further deepen our understanding of the young adult with autism.

Presenter: Anna-Beth Aylward
Training Coordinator and Occupational Therapist
Autism Western Cape

Date: Wednesday 3rd August 2022

Time: 10.00 a.m. - 11.00 a.m.

Cost: Members R50, non-members R120

[Click here to register](#)



LEARNING TO COMMUNICATE - AN ALTERNATIVE COMMUNICATION RESOURCE: COMMUNICATION APRON

After many months of development and testing, we are now ready to launch a NEW resource – Learning to Communicate.

Children with severe to profound ID, are often left as a passive observers to life, rather than being included in everyday life. Communication is the first and easiest way for this inclusion to happen.

In 2021/22, the WCFID developed 'Learning to communicate', a new resource specifically designed as a communication tool for non-verbal learners with intellectual disability. This resource uses an apron and a selection of suitable pictures to encourage learning to communicate in a manner that is suitable to the developmental level of the individual learner.

This resource acknowledges that it is harder for a child with an intellectual disability to learn to communicate, and it focuses on using a multisensory approach in exposing children to communication. The toolkit, consisting of an apron with Velcro strips, picture cards with Velcro backing and accompanying training, aims to equip staff and caregivers with a resource that helps them communicate with the children in their care during everyday activities.

This toolkit and training is valued at well over R3000 per person but the WCFID is offering this toolkit and training at a subsidised rate with the option to purchase extra kits at a discounted rate as well. You will be sent an invitation to this training in the coming weeks – please RSVP through that platform. There are limited spots and toolkits for this round

Presenter: Lindie Smit, Occupational Therapist

Date: Friday 5th August, and repeated on Friday 12th August

Time: 9.00 a.m. - 12.00 p.m.

Cost: R750 for 2 staff, inclusive of 1 toolkit for the organisation.

Venue: To be confirmed

A light lunch will be provided

This face to face workshop will be held on Friday 5th August and repeated on Friday 12th August

[Click here to register for 5th August](#)

[Click here to register for 12th August](#)

Webinar

MENTAL HEALTH AND PEOPLE WITH INTELLECTUAL DISABILITY

This webinar will be looking at the mental health and wellness of people with intellectual disability. Our presenter will cover signs, symptoms and intervention strategies that can be put in place to support the mental health wellness of people with disabilities.

Presenter: Ockert Coetzee, PhD, Clinical Psychologist & Head of Department of Psychology Alexandra Hospital

Date: Wednesday, 10th August

Time: 10:00 a.m. – 11:00 a.m.

Members R50, non-members R120

[Click here to register](#)



INTRODUCTION TO LABOUR LAW

Ali Ncume is a labour lawyer and business owner who enjoys sharing his passion for labour law with the non-profit sector. In this [webinar](#) he will discuss the following: Introduction to basic labour law

- Understanding the meaning of "dismissal"
- Misconduct vs Incapacity
- Misconduct: substantive fairness
- Misconduct: procedural fairness

Presenter: Ali Ncume, Labour Law specialist

Date: Wednesday, 17th August

Time: 10:00 a.m. – 12.30 p.m.

Cost: Members R150, non-members R250

[Click here to register](#)



SUPPORTING SIBLINGS OF CHILDREN AND ADULTS WITH INTELLECTUAL DISABILITY AND WHAT MEASURES CAN BE PUT IN PLACE TO SUPPORT POSITIVE RELATIONSHIPS

This [webinar](#) will be exploring the family system with a focus on the siblings of a child/young adult with intellectual disability. The webinar will look at the voices of siblings, the impacts on the family and how supportive measures can be put in place to create positive relationships between all siblings. The webinar will touch on what tools parents can utilize in building relationships and how to prepare for potential responsibilities of the future care of a sibling with an intellectual disability.

Presenter: Dr Callista K. Kahonde PhD (Disability Studies) Centre for Disability & Rehabilitation Studies, Stellenbosch University

Date: Wednesday, 31st August

Time: 10:00 a.m. – 12.30 p.m.

Cost: Members R50, non-members R120

[Click here to register](#)



MANAGING CLEANING, PREVENTING PRESSURE SORES, AND POSTURE MANAGEMENT (POSITIONING) OF THE SPECIAL CARE CHILD

This **face to face workshop** will cover aspects of how to position the special care child correctly, red flags of positioning, how to prevent pressure sores and helpful tips on general feeding and safety when cleaning a special care child.

Presenter: CSPID North team (TBC)

Date: Wednesday, 7th September

Time: 9:00 a.m. – 1:00 p.m.

Venue: To be confirmed

Cost: Members R150, non-members R300

A light lunch will be provided

[Click here to register](#)

WHAT THE LAW SAYS ABOUT CLIENT CONSENT, CONFIDENTIALITY & GUARDIANSHIP OF ADULTS WITH INTELLECTUAL DISABILITY



This webinar will explore what the law says about consent, confidentiality, and guardianship of adults with intellectual disability, and highlighting the main points with examples. This is an **interactive webinar** where the presenter would really like to hear your question, so please do join us.

Presenter Karin Botes, Social Worker

Date: Wednesday 14th September

Time: 10.00 a.m. - 11.30 a.m.

Cost: Members R50, non-members R120

[Click here to register](#)

CAPACITY BUILDING AND COMPLIANCE FOR NPO'S: LEGAL STRUCTURES, NPO REGISTRATION AND GOVERNANCE

Our presenter will be covering all requirements related to NPO compliance legal aspects and registration, as well as answering all your questions. The session will be **interactive face to face** so please use this opportunity to ask all your governance related questions.

Presenter: Sallvon Fransman, Institutional Capacity Building (ICB)

Department of Social Development

Date: Wednesday, 21st September

Time: 09:30 a.m. – 3:00pm

Cost: R250.00 Members only

**NGO Institutional
Capacity Building
Training**



[Click here to register](#)

ON LINE MEETING

PRINCIPALS MEETING: ALL PRINCIPALS AND SUPERVISORS OF SPECIAL CARE CENTRES/ 24 HOUR FACILITIES FOR PEOPLE WITH SEVERE OR PROFOUND ID

Presented by Gail Davids, Director, WCFID

Date: Tuesday, 22nd September

Time: 10:00 a.m. - 12:30 p.m.



[Click here to register](#)



TRAUMA INFORMED RESPONSE: UNDERSTANDING TRAUMA AND HOW TRAUMA CAN DISPLAY IN PEOPLE WITH DISABILITIES

This **webinar** will provide an introduction to trauma the signs, symptoms, and risks of trauma. This will include better ways to support the psychosocial needs of children and adults who may have experienced trauma. This further includes examining how these experiences can impact and determine behaviours and how to recognize this and best create a supportive environment.

Presenter: Ruth Nugent, Social Worker and Community Trainer, WCFID and

Shakira Lakay, Training Coordinator, WCFID

Date: Wednesday, 28th September

Time: 10:00 a.m. – 11:00 a.m.

Cost: Members R50, non-members R12

[Click here to register](#)



THE ROLE OF THE SOCIAL WORKER IN ASSESSMENT, INTERVENTION AND REFERRAL OF CLIENTS WITH INTELLECTUAL DISABILITY

This **face to face workshop** will provide an overview of the role and function of a social worker in the area of intellectual disability. Training will be provided on conducting assessments as well as interventions plans that can be put into place in the best interest of the client. Areas would be focused on would include what are the psychosocial impacts on the individual and family and how does the social worker/saw assess the client to ensure that their needs are being met appropriately and an appropriate intervention is being developed.

This training will also include unpacking the role of the caregiver. An unwell carer would mean the child/young adult etc with intellectual disability can be at risk in terms of emotional, physical, psychological risk to their wellbeing. A social worker needs the assessment skills to be able to assess the disability appropriately as well understand the needs of the carer in order develop a holistic intervention plan and to know of a referral pathway and access to resources/support. We encourage all multi-disciplinary team members to attend this training.

Presented by Aimee Isaacs, Programme Manager and Occupational Therapist, Shakira Lakay, Social Worker and Training Co-ordinator, Ruth Nugent, Social Worker and Community Trainer (WCFID), with a guest panel

Date: Wednesday, 5th October

Time: 09:30 a.m. – 3:00 p.m.

Cost: Members R250

Non- members R350

SACSSP CPD points pending

[Click here to register](#)

RIGHT TO EDUCATION ADVOCACY

(Positively and actively affecting the rights of children with intellectual disability)

WCFID SUBMISSION TO PARLIAMENT: BASIC EDUCATION LAWS AMENDMENT BILL
[B2 – 2022]

WCFID made a written submission and requested an opportunity to make an oral submission to Parliament on the Basic Education Laws Amendment Bill (BELA Bill). The Forum's interest in the BELA Bill is, in general, its silence on inclusive education and education for children with disabilities, and specifically its silence on the right to education of learners with severe to profound intellectual disability.

We recommended that the Bill should:

- Amend current legislation to allow it to fund and resource organisations.....
- ...

Please click here for full report and recommendations

[Please click here to read the WCFID submission](#)

Job opportunities - please do NOT contact the WCFID, please contact the relevant facility



The Vine Community in Constantia is seeking a senior housemother, for a vacancy available mid-July. The eight residents are high functioning and currently employed at Joyce Chevalier Centre in Fish Hoek.

The successful applicant will have experience in the field of intellectual disability, have a valid driver's license and be the compassionate and capable leader of the house, with the assistance of an additional housemother. It is a live in position with a good salary and working conditions.

Please contact Catherine Friedlander at cmfriedlander@gmail.com for further details

Alta du Toit Aftercare Centre in Boston, Western Cape, has the following vacancies available:

- Sheltered Work Area Coordinator (Occupational Therapist)
- Occupational Therapist
- Social Worker
- ENA's (Enrolled Nursing Assistant)
- Facilities & Fleet Manager
- Digital Marketing Fundraiser

Alta du Toit Facebook link <https://www.facebook.com/Altasorg>
Website for contact details <https://altadutoit.org.za/>

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