

◆ THE VOICE OF THE PERSON WITH INTELLECTUAL DISABILITY AND/OR THEIR PARENT



**The Self-Advocate Group:**

Born in 2001, and comprised of consumers (people with intellectual disability), the self-advocate group meets quarterly at the WCFID offices. The adults come from group homes; attend protective workshops; or are home-based individuals. Annually, the programme takes a journey focusing on human rights, with specific reference to the UN Convention on the Rights of People with Disabilities (CRPD).

The group has become a place of friendship and support, with a strong social component.

**The voice of the child/parent:**

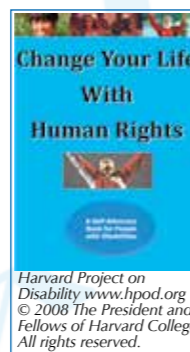
In partnership with the Rural CSPID Team (therapeutic team, Dept. of Education), a sexual awareness workshop was held at Breede Valley APD, Worcester. Some 80 parents, carers, teachers, programme implementers, occupational therapists and social workers from 10 special care centres came together from as far as Tulbagh and Swellendam.

The training focused on thinking about the sexual development of children with severe to profound intellectual disability, and reporting sexual abuse of very vulnerable children.



**A valuable reminder from a parent at the workshop:**

*"We need to listen to our children and be patient when we listen. It might feel like they take so long to tell us something, because of their disability, but we must be patient. Stop telling your child that you're busy cooking or cleaning and take the time to listen. When I did this, and I really listened, I discovered that my child was telling me she had been sexually abused!"*



Harvard Project on Disability www.hpod.org © 2008 The President and Fellows of Harvard College. All rights reserved.



**THE FORUM WISHES TO THANK THE FOLLOWING MEMBERS OF THE BOARD OF MANAGEMENT FOR THEIR DEDICATED SERVICE:**

**Fatima Shaboodien**, Principal, De Heide Special Day Care Centre (Chairperson)  
**John Williams**, Businessman (Treasurer)  
**Prof. Colleen Adnams**, Vera Grover Professor of Intellectual Disability, Dept. Psychiatry and Mental Health, U.C.T., and Head of Clinical Unit, Alexandra Hospital, WCG DoH  
**Ruth Alfreds**, Retired Matron, Lentegeur Hospital  
**Kay Cikizwa**, Social Worker, Alexandra Hospital  
**Rosemary De Waal**, Social Worker  
**Zukie Diniso**, Head of Dept, Bel Porto LSEN School  
**Lindelwa Madikane**, Principal, Vukani Special Care Centre  
**Aletta Pearce**, Retired Deputy Chief Education Specialist for Special Schools  
**Tessa Wood**, Director, WCFID, (ex officio)

**FORUM MEMBERS 2015/2016**

**INCLUSIVE PRE-SCHOOLS**  
 Peter Pan, Maitland

**SPECIAL EDUCATION AND CARE CENTRES**  
**ASD Sean Kelly**, Worcester  
**ACVV Trippeltoontjies**, Robertson  
**Autism Connect Learning Centre**, Mitchells Plain  
**Balula**, Fisantekraal  
**Bizweni Centre for Disabled Children**, Somerset West  
**Caring and Sharing**, Touwsrivier  
**Cenida**, Somerset West  
**De Heide Special Care Centre**, Lansdowne  
**Die Eiland Huis**, St Helena Bay  
**Elundini Special Care**, DuNoon  
**Emmanuel Day Care**, Atlantis  
**Erika Special Care**, Mitchells Plain  
**Friends Day Centre**, Maitland  
**Gansbaai Outreach**, Gansbaai  
**Good Hope Day Care Centre**, Mbekweni  
**Heideveld Care Centre**, Heideveld  
**Imizamo Yethu**, Khayelitsha  
**Iqhayiya Care and Support**, Khayelitsha  
**Joy Special Care**, Mitchells Plain  
**Lonwabo Special Care**, Mfuleni  
**Masincedane Centre**, Nyanga  
**Nomaxabiso**, Phillipi  
**Nobuntu**, Joe Slovo  
**Oasis Day Centre**, Ravensmead  
**Oasis Day Centre**, Delft  
**Ons Huis Gemeenskap Sterretjies**, Citrusdal  
**Paarl Stimulation Centre**, Paarl  
**Play on Wheels**, Langa  
**Rosendal Special Care**, Delft  
**Sherwood Park Day Care Centre**, Sherwood Park  
**Sibongile**, Khayelitsha  
**Simanyene**, Zola, Strand  
**Sinethemba**, Masipumelele  
**Siyabonga**, Vredenburg  
**Siyazama Educare Centre**, Gugulethu  
**Sobambisani**, New Crossroads  
**Sunrise Special Care Centre**, Heathfield  
**The Maliia Foundation**, Paarl  
**Umthi Special Care**, Stikland  
**Unakho Day Care Centre**, Khayamandi

**Fatima Shaboodien, Chairperson, WCFID**

**SUPPORTERS: FINANCIAL AND IN KIND**

Anne Kreitzer Will Trust  
 ApexHi Charitable Trust  
 Consol Glass (Pty) Ltd  
 Co-Workers of Mother Theresa  
 Community Chest, Western Cape  
 Dell South Africa Development Foundation  
 Dept. of Health, Western Cape Government  
 Dept. of Social Development, Western Cape Government

DG Murray Trust  
 InVision Services, USA  
 JET Lee Will Trust  
 Legal Resources Centre, Cape Town  
 The Carl & Emily Fuchs Foundation  
 The Syringa Trust

**+ 3 500 Volunteers at One-to-One Day, including the service providers (clubs, schools, religious bodies)**

**The Vera Grover Scholarship and Sponsorship Trust:** The facilities of 14 individuals with intellectual disability were awarded sponsorships, as well as 4 scholarship awards, including 2 Master's degrees specific to intellectual disability by the WCFID Allocations Committee.

Audited Financial Statements for 2015/2016 are available on request

**WCFID STAFF**  
**Director**  
**Community Liaison Officer**  
**Training Co-ordinator**  
**Life Skills Trainer and Resource Developer**  
**Administrator**  
**Project Administrator**  
**General Office Assistant**

Tessa Wood  
 Desiree Douglas  
 Aimee Isaacs  
 Rebecca Johns  
 Felicity Dreyer  
 Sandy Butler  
 Nompwiwo Primrose Rhojie

**Understand Hope and Care**, Khayelitsha  
**Vukuhambe Day Care**, Zweletemba  
**Vukani**, Khayelitsha  
**Wilge Special Care**, Atlantis  
**Yomelelani Centre**, Phillippi

**SCHOOLS**  
**Alpha School**, Woodstock  
**Alta du Toit School**, Kuils River  
**Athlone School for the Blind**, Athlone  
**Beacon School**, Mitchells Plain  
**Bel Porto School**, Lansdowne  
**Bloulei Special School and Resource Centre**, Retreat  
**Camphill School**, Hermanus  
**Chere Botha School**, Bellville  
**Dorothea School**, Stellenbosch  
**Eden School**, Worcester  
**Glenbridge Special School and Resource Centre**, Bergvliet  
**Amathemba Special Need School**, Tableview  
**Lentegeur School**, Mitchell's Plain  
**Ligstraal Skool**, Paarl - Oos  
**Molenbeek School**, Maitland  
**Nompumelelo School**, Gugulethu  
**Oasis School**, Belhar  
**Ocean View School**, Ocean View  
**Perpetua House**, Monte Vista  
**Rusthof Special School and Resource Centre**, Strand  
**Robinhill Special School**, Atlantis  
**Seal College**, Tableview  
**Vera School for Autistic Children**, Crawford

**SUPPORTED EMPLOYMENT**  
**Academy for Adults with Autism**, Lakeside  
**Alta du Toit Nasorg**, Bellville  
**Astra Centre**, Gardens  
**Brownies and Downies**, Cape Town  
**Care Career Connection**, Elsberg  
**Drakenstein Centre**, Groot Drakenstein  
**Eljada Kairos**, Oudtshoorn  
**Emmaus Protective Workshop**, George  
**Ncedeluntu Skills Development Training**, Nomzamo, Strand  
**Oasis Protective Workshop**, Claremont  
**Oasis Protective Workshop**, Elsies River  
**Orion Workshop**, Atlantis  
**Training Workshop Unlimited (TWU)**, Athlone  
**TWU**, Mitchells Plain  
**TWU**, Nonceba, Khayelitsha  
**TWU**, Retreat  
**The Village Work Centre**, Claremont  
**Work4You**, Salt River

**LICENSED HOMES/24 HR CARE FACILITIES**  
**ASD Sean Kelly**, Worcester  
**Bambo Children's Home**, Phillippi East  
**Die Eiland Huis**, St Helena Bay  
**Elim Home**, Elim  
**Iqhayiya**, Khayelitsha  
**Masincedane Centre**, Nyanga  
**Nkathalo Care Centre**, Khayelitsha  
**Sibongile Special Care 1,2,3**, Khayelitsha  
**Sivuyile**, Stikland  
**Understanding Hope and Care**, Khayelitsha  
**Woodside Sanctuary**, Rondebosch East

**RESIDENTIAL HOMES / GROUP HOMES**  
**Alta DuToit Nasrog**, Bellville  
**Adams Farm Home Trust**, Plumstead  
**Anchors Away Village**, Simonstown  
**Camphill Farm**, Hermanus  
**Camphill Village**, West Coast  
**Garden Cottage**, Heideveld  
**Elizabeth Roos Home**, Cape Town  
**Emmaus Residential Home**, George  
**Glendale Home**, Heathfield



The WCFID subscribes to the Independent Code of Governance for NPO's



WESKAAP FORUM VIR INTELLEKTUELE GESTREMDEID  
 IQUMRHU LE NTSHONA KOLONI LOKHUBAZEKO NGENGOQONDO

# Annual Report

## 2015-2016



### ADDING SKILLS - ADDING KNOWLEDGE - ADVANCING RIGHTS

**SUPPORTING SERVICE PROVIDERS IN THE FIELD OF INTELLECTUAL DISABILITY**

WCFID, Asat House, Alexandra Hospital, Annex Road, Maitland, 7405

P. O. Box 142, Maitland, 7404.

Telephone: 021 510 4686. Fax: 021 510 4687. E-mail: info@wcfid.co.za. Website: www.wcfid.co.za.

Reg. no: 000 888 NPO PBO 18/11/13/2392

## PROGRAMMES Training and Support

### ORGANISATIONAL IMPACT: STATISTICS AND STORIES

#### Identifying learning needs within the intellectual disability sector and responding accordingly drives the work of the WCFID.

This has led to supporting staff, students, professionals and parents through training that contributes to peer-to-peer learning and builds capacity. Where appropriate, application is made to relevant bodies (SACSSP and HPCSA) for Continuing Professional Development (CPD) points in order to support professionals working in the sector. Training is presented through workshops, from two hours to three days in duration. The year under review saw 64 workshops, reaching 1 699 attendees.

- ◆ "Thank you very much! I gained so much knowledge and skills, but at the same time I had so much fun! I appreciate that the course was very practical. Keep doing the great work you are doing." *Occupational therapist, mental health hospital*
- ◆ "Visited X Centre (disadvantaged community) today and saw the excellent progress after the carer went for this training." *M & E official, Dept. of Health*
- ◆ "Very well presented! Very practical. Learnt a lot. I feel more than equipped to start this at our centre." *Occupational therapist, residential facility*
- ◆ "Thank you. It was exceptional. Appreciate the books and aids." *Teacher, special needs school*

#### PROGRAMME IMPLEMENTER TRAINING for special care centres

This six month "Programme Implementer" course was designed by the WCFID in response to the newly created post, funded by Dept. of Social Development in response to the "special care court judgment in favour of the WCFID". The course aims to orientate, prepare, and teach staff new to special care centres on how to:

- ◆ work with children with severe to profound intellectual disability
- ◆ facilitate a stimulation programme within a centre in consultation with the therapeutic teams of the Dept. of Education (CSPID teams).

"Great to interact with people in the same profession as I could identify with them and learn lots of new ideas from them. The presenter is well informed and we received great resources." *Course participant*



"This course has helped me a lot with handling my work, working closely with the children and understanding their development." *Course participant*

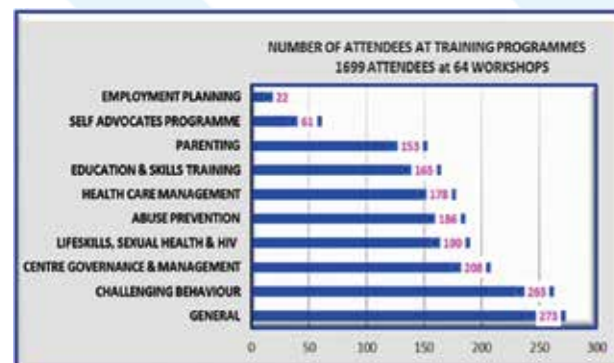
#### 2015 Biennial Meeting with the theme "Inclusion through the Life Stages"

Chaired by Professor Colleen Adnams (the only chair of Intellectual Disability in Africa), the main guest speaker for the day was Professor Roy McConkey, Professor of Developmental Disabilities (University of Ulster, Northern Ireland), and honorary Professor of Disability Studies (UCT), who has consistently worked throughout Africa during his career. He has recently been awarded an OBE in recognition for his work in the field of intellectual disability.



#### DESCRIPTION OF WORKSHOPS PER CATEGORY:

- Employment:** Supported employment models
- Self-Advocates:** People with intellectual disability (ID) regarding human rights (UNCRPD)
- Parenting:** Training on various topics for parents of people with intellectual disability
- Education and skills training:** Training on assessments, stimulation and related programmes
- Health Care Management:** Health and safety and emergency situations
- Abuse prevention:** Training on identification and reporting of sexual abuse
- Life skills, sexual health and HIV:** Human rights, legislation, life skills programmes and HIV
- Centre Governance and Management:** Compliance, governance and financial management
- Challenging Behaviour:** Management of people with ID and challenging behaviour
- General:** Updates in the sector, policy etc.



## Research and Resource Development

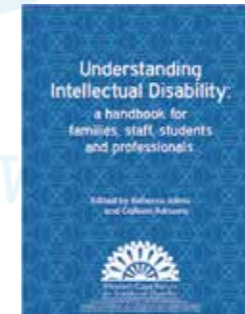
### Why is intellectual disability research important?

"Research is crucial in enhancing understanding and prioritisation of the fundamental aspects of the day to day lives of people with intellectual disabilities. Through research, people with intellectual disabilities, their families, service providers and other relevant stakeholders can all partake in providing information that improves societal attitudes, service provision and policy making." *Callista Kahonde, PhD candidate (University of Cape Town)*



### Understanding Intellectual Disability – a handbook for families, staff, students and professionals

The March Quarterly Forum Meeting launched the new manual, *Understanding Intellectual Disability*, which was attended by a number of the 'Forum Alumni'.



The manual brings together the expertise of over 20 practitioners working in the sector. It provides information on a range of important issues related to the rights of children and adults with intellectual disability such as child development; self-advocacy; Autism Spectrum Disorder; inclusive education; employment; living options; sexuality; mental health and challenging behaviour. The book was edited by Rebecca Johns, Resource Developer, WCFID, and Prof. Colleen Adnams, Vera Grover Chair of Intellectual Disability, UCT and Western Cape Government Dept. of Health

"This manual represents an important milestone. Written by experts but in a very engaging and accessible style it will become a key resource for families, staff, students and professionals, and, most importantly, a way to improve the lives of people with intellectual disability. The book pays appropriate tribute to the legacy of the late Professor Grover, and adds to the excellent work of the Western Cape Forum for Intellectual Disability. The book has application not only in the Western Cape but much more broadly, and I anticipate that it will be used far beyond the borders of the Western Cape, and of South Africa." *Leslie Swartz, Distinguished Professor of Psychology, Stellenbosch University, Editor in Chief: African Journal of Disability*



Contributors and supporters at the launch



### Resources and training in action: "Learning by Doing" manual for the child at a special care centre



Recently updated, this manual and accompanying toolkit has been used in numerous training settings, including a workshop for post graduate psychiatric nurses at the University of Stellenbosch.

The workshop focused on early stimulation and development through play for children with intellectual disability.



## Community Awareness and Information Programme

★ **36th year of ONE-TO-ONE DAY, Old Trade Centre, Milnerton.** On Sunday 16 August, the WCFID brought together more than 2 700 children and adults with intellectual disability for a fun fair day of gifts and activities, thanks to the generosity of our Cape Town community and more than 3 500 volunteers. 75 service clubs, religious organisations and schools - under the guidance of Albert Glass of B'nai B'rith - provided a day of entertainment and activities, while simultaneously raising awareness about intellectual disability. When the traditional venue of the Good Hope Centre was not available, Shoprite Checkers very generously stepped in and offered their fantastic warehouse, which was perfect for the job.

"We would like to take the opportunity to thank you and your colleagues for the opportunity again for our special needs learners. We are truly blessed to have people like you who care about our learners. We would further like to thank you for Albert Glass who provides us with transport." *HOD, rural special needs school*

"Inclusion of hospital/institutionalised patients into community activities such as One-to-One events. Inclusion of severely to profoundly intellectually disabled patients in buggies and wheelchairs who never see the outside world to participate in One-to-One Day with volunteers is a great opportunity for social inclusion and improving quality of life." *Senior social worker, psychiatric hospital for people with intellectual disability*

★ **Quarterly newsletters to more than 260 recipients (members and interested parties)**

★ **Telephonic and e-mail enquiry service to families, professionals and colleagues in the sector on services, resources and guidelines.**



## Advocacy

### THE WCFID PARTICIPATES IN A NUMBER OF INITIATIVES:

- ◆ **RIGHT TO EDUCATION OF CHILDREN WITH SEVERE TO PROFOUND INTELLECTUAL DISABILITY:** Entering its 20th year, the Forum continues to campaign and negotiate for the implementation of the judgment.

The judgment was delivered in the High Court of South Africa (Western Cape High Court, Cape Town) in favour of the applicant, the Western Cape Forum for Intellectual Disability. *Western Cape Forum for Intellectual Disability v Government of the Republic of South Africa & Another* 2011 5 SA 87 (WCC) on 11 November 2010. The judgment stated that:

**"every child in the Western Cape who is severely and profoundly intellectually disabled has affordable access to a basic education of an adequate quality..."**

**WCFID:** This implementation is ground-breaking in South Africa, including: policy development, negotiating government responsibilities, and training staff for the specific needs of the learners at the centres. When and where necessary, the Forum applies pressure. Quarterly Principals'/ Supervisors' meetings are held, with a special focus on governance, compliance and organisational management.

**Provincial:** At a provincial level work continues with the Western Cape Government. Regular meetings chaired by the Chief Director of Social Development between senior representatives of various departments and the "WCFID Right to Education Task Team" continues to resolve issues of implementation. The WCFID acknowledges the commitment of the Western Cape Government to the process.

#### National:

In April 2015 two draft national policies were released:

⇨ 'Draft South African policy framework for the provision of quality education and support to children and youth with profound intellectual disability.'

⇨ 'Draft learning programme for children and youth with profound intellectual disability.'

The WCFID attended the Ministerial Disability Round Table: "No Child Left Behind - Children who Experience Compounded Marginalisation as a Result of Profound Intellectual Disability." The keynote address was by the Minister of Basic Education, Mrs AM Motshekga, "Realising the Right to Basic Education and Support for All Children, Including Those Experiencing Compounded Marginalisation as a Result of Profound Intellectual Disabilities."

#### International Recognition

##### Global Scoping Survey:

Early in 2015 the WCFID participated in a Global Scoping Survey: Raising Awareness, Combating Prejudices and Discrimination, run by University College London in partnership with Inclusion International, Leonard Cheshire and IASSID. The WCFID campaign for the "Right to Education for Children with Severe to Profound Intellectual Disability" featured in the report, which was published in mid-July and launched at a conference at the University College of London, with the researchers creating a poster, for display at the conference. The report was distributed internationally with support by Special Olympics.

**"Well done to you and the Forum. The Right to Education (RTE) case study's prominence in this global research report is a testimony to the significance of the judgment and RTE process, not only in South Africa, but internationally."** *Prof. Colleen Adnams, Vera Grover Chair of Intellectual Disability, UCT and Western Cape Government, Dept. of Health*

**"Disability Rights in Africa Conference"** organized by the Centre for Human Rights at the Faculty of Law, University of Pretoria. Attendance: 140+ delegates from 15+ countries in Africa, and from Europe, Asia and USA.

The WCFID presented two papers on:

- ⇨ **The Right to Education for South African Children with Severe to Profound Intellectual Disability: A Legal Campaign.** Tessa Wood, Director, WCFID
- ⇨ **The Right to Know: Developing Sexuality Education Resources for People With Intellectual Disability.** Rebecca Johns, Life Skills Trainer and Resource Developer, WCFID



WCFID Director, Tessa Wood with Prof Charles Ngwenya, Center for Human Rights, Faculty of Law, University of Pretoria

### ◆ ADVOCACY AND AWARENESS RAISING WITH DEPT. OF HUMAN SETTLEMENTS

Following extremely difficult circumstances resulting in isolation and an inability for a severely disabled young woman to access services, the WCFID advocated to raise awareness with the Dept. of Human Settlements.

The result was a public private partnership, and a disability friendly home provided for the young woman and her mother.

MEC for Human Settlements, Bonginkosi Madikizela at the bricklaying ceremony



Principals/supervisors meeting of special care centres: meet quarterly to share information, support and problem solve together

